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# MILNOR-WOLF THEOREM FOR GROUP ENDOMORPHISMS 

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#### Abstract

We study the growth of group endomorphisms and we prove an analogue of Chou's extension of Milnor-Wolf Theorem. Indeed, if $G$ is an elementary amenable group and $\phi: G \rightarrow G$ is an endomorphism, then $\phi$ has either polynomial or exponential growth.

This result follows by studying the growth of automorphisms of finitely generated groups, where we prove some stronger results.


## 1. Introduction

For a group $G$, denote by $\mathcal{F}(G)$ the family of all finite non-empty subsets of $G$. If $\phi: G \rightarrow G$ is an endomorphism and $F \in \mathcal{F}(G)$, the growth function of $\phi$ with respect to $F$ is

$$
\begin{aligned}
\gamma_{\phi, F}: & \mathbb{N} \\
n & \mapsto \mathbb{N} \\
n & \mapsto\left|T_{n}(\phi, F)\right|,
\end{aligned}
$$

where

$$
T_{n}(\phi, F):=F \phi(F) \cdots \phi^{n-1}(F):=\left\{f_{0} \phi\left(f_{1}\right) \cdots \phi^{n-1}\left(f_{n-1}\right): f_{0}, \ldots, f_{n-1} \in F\right\}
$$

is the $n$-th $\phi$-trajectory of $F$ (see [5, 6, 8]). Here, we define $\phi^{0}(F):=F$ for every $F \in \mathcal{F}(G)$ and $T_{0}(\phi, F):=\left\{e_{G}\right\}$ where $e_{G}$ is the identity element of $G$. When $e_{G} \in F$, we get $T_{n}(\phi, F) \subseteq T_{n+1}(\phi, F)$ for every $n \in \mathbb{N}$, and hence $\left\{T_{n}(\phi, F)\right\}_{n \in \mathbb{N}}$ is an increasing (with respect to inclusion) sequence of subsets of $G$.

Since we want to measure the growth of the group endomorphism $\phi: G \rightarrow G$ by using the growth functions $\gamma_{\phi, F}$, we need the following equivalence relation.

Given two maps $\gamma, \gamma^{\prime}: \mathbb{N} \rightarrow\{z \in \mathbb{R}: z \geq 0\}$, we write $\gamma \preceq \gamma^{\prime}$ if there exists $C \in \mathbb{N}$ such that $\gamma(n) \leq C \gamma^{\prime}(C n)$ for every $n \in \mathbb{N}$. We say that $\gamma$ and $\gamma^{\prime}$ are equivalent, and write $\gamma \sim \gamma^{\prime}$, if $\gamma \preceq \gamma^{\prime}$ and $\gamma^{\prime} \preceq \gamma$; indeed, $\sim$ is an equivalence relation. Routine computations show that, for every $\alpha, \beta \in\{z \in \mathbb{R}: z \geq 0\}$, $n^{\alpha} \sim n^{\beta}$ if and only if $\alpha=\beta$; moreover, for every $a, b \in\{z \in \mathbb{R}: z>1\}, a^{n} \sim b^{n}$, thus one can consider any convenient exponential such as $e^{n}$.

A map $\gamma: \mathbb{N} \rightarrow\{z \in \mathbb{R}: z \geq 0\}$ is called:
(a) polynomial if $\gamma(n) \preceq n^{d}$ for some $d \in \mathbb{N} \backslash\{0\}$;
(b) exponential if $\gamma(n) \sim e^{n}$;
(c) intermediate if $n^{d} \preceq \gamma(n)$ for every $d \in \mathbb{N} \backslash\{0\}, \gamma(n) \preceq e^{n}$ and $e^{n} \npreceq \gamma(n)$.

[^0]Our definition here slightly differs from other definitions that can be found in the literature, as [4, 5, 8. These small differences do not matter for the content of this paper.

Going back to our setting, for every $F \in \mathcal{F}(G)$, we have that

$$
|F| \leq \gamma_{\phi, F}(n) \leq|F|^{n} \text { for each } n \in \mathbb{N} \backslash\{0\}
$$

hence the growth of $\gamma_{\phi, F}$ is always at most exponential.
Definition 1.1 (See [4, 5, 8]). Let $G$ be a group and let $\phi: G \rightarrow G$ be an endomorphism. Then:
(a) $\phi$ has polynomial growth if $\gamma_{\phi, F}$ is polynomial for every $F \in \mathcal{F}(G)$;
(b) $\phi$ has exponential growth if there exists $F_{0} \in \mathcal{F}(G)$ such that $\gamma_{\phi, F_{0}}$ is exponential;
(c) $\phi$ has intermediate growth if $\gamma_{\phi, F}$ is not exponential for every $F \in \mathcal{F}(G)$ and there exists $F_{0} \in \mathcal{F}(G)$ such that $\gamma_{\phi, F_{0}}$ is intermediate.

Two group endomorphisms $\phi: G \rightarrow G$ and $\psi: H \rightarrow H$ have the same growth type if $\phi$ and $\psi$ are both polynomial, or both exponential, or both intermediate; moreover, the growth type of $\phi$ is smaller than the growth type of $\psi$ if for every $F \in \mathcal{F}(G)$ there exists $F^{\prime} \in \mathcal{F}(H)$ with $\gamma_{\phi, F} \preceq \gamma_{\psi, F^{\prime}}$.

For simplicity, we say that $\phi$ is subexponential if $\phi$ has either polynomial or intermediate growth.

For a group endomorphism $\phi: G \rightarrow G$ and $F \in \mathcal{F}(G)$, the algebraic entropy of $\phi$ with respect to $F$ is

$$
H(\phi, F):=\lim _{n \rightarrow \infty} \frac{\log \gamma_{\phi, F}(n)}{n}
$$

(this limit exists in view of [5, Lemma 5.1.1]). The algebraic entropy of $\phi$ is

$$
h(\phi):=\sup _{F \in \mathcal{F}(G)} H(\phi, F) .
$$

It was proved in [5, Proposition 5.4.3] that $H(\phi, F)>0$ if and only if $\gamma_{\phi, F}$ is exponential, and

$$
\begin{equation*}
h(\phi)>0 \text { if and only if } \phi \text { has exponential growth. } \tag{1}
\end{equation*}
$$

Equivalently, $h(\phi)=0$ if and only if $\phi$ has subexponential growth.
The above notion of growth for group endomorphisms was inspired by the classic one. Indeed, given a finitely generated group $G$ and a finite set of generators $S$ of $G$, for every $g \in G$, denote by $\ell_{S}(g)$ the smallest $\ell \in \mathbb{N} \backslash\{0\}$ with

$$
g=s_{1}^{\varepsilon_{1}} s_{2}^{\varepsilon_{2}} \cdots s_{\ell}^{\varepsilon_{\ell}},
$$

where $s_{1}, \ldots, s_{\ell} \in S$ and $\varepsilon_{1}, \ldots, \varepsilon_{\ell} \in\{-1,1\}$. In particular, $\ell_{S}(g)$ is the length of a shortest word representing $g$ in the alphabet $S \cup S^{-1}$, where $S^{-1}:=\left\{s^{-1}: s \in S\right\}$. By abuse of notation, we let $\ell_{S}\left(e_{G}\right):=0$. The growth function of $G$ with respect to $S$ is

$$
\begin{aligned}
\gamma_{S}: \mathbb{N} & \rightarrow \mathbb{N} \\
n & \mapsto\left|B_{S}(n)\right|,
\end{aligned}
$$

where

$$
B_{S}(n):=\left\{g \in G: \ell_{S}(g) \leq n\right\}
$$

is the ball of radius $n$ in the word metric of $G$ determined by the generating set $S$. Note that $B_{S}(0)=\left\{e_{G}\right\}$ and $B_{S}(1)=S \cup S^{-1} \cup\left\{e_{G}\right\}$.

Routine computations show that $\gamma_{S} \sim \gamma_{S^{\prime}}$, for every finite generating sets $S$ and $S^{\prime}$ of $G$. This observation allows us to say that $G$ has polynomial (respectively, exponential, intermediate) growth if $\gamma_{S}$ is polynomial (respectively, exponential, intermediate), and to notice that this definition does not depend upon $S$.

We mention the famous Milnor Problem on group growth (see [18]):
(i) Are there finitely generated groups of intermediate growth?
(ii) What are the finitely generated groups of polynomial growth?

Part (i) was solved by Grigorchuk [10 by constructing his famous examples of finitely generated groups with intermediate growth. Part (ii) was solved by Gromov [12] by proving that a finitely generated group has polynomial growth if and only if it is virtually nilpotent; in the sequel we refer to this result as Gromov Theorem. Pioneering the work of Gromov, Milnor [19] proved that a finitely generated soluble group of subexponential growth is polycyclic, while Wolf [20] showed that a polycyclic group of subexponential growth is virtually nilpotent, so it has polynomial growth by Gromov Theorem. As customary, we call Milnor-Wolf Theorem the fact that a finitely generated soluble group has either polynomial or exponential growth. Later, Chou [2] extended this result to elementary amenable group.

The main result of this paper is a dynamic version of Chou's extension of MilnorWolf Theorem:

Theorem 1.2. If $G$ is an elementary amenable group and $\phi: G \rightarrow G$ is an endomorphism, then $\phi$ has either exponential or polynomial growth.

The proof of Theorem 1.2 (see Theorem 8.6 below) is rather involved and uses the work of Gromov [12] and some ideas of Grigorchuk [11] and Milnor [19. In our opinion the most interesting case of Theorem 1.2 is when $G$ is finitely generated and $\phi$ is an automorphism; under these assumptions we prove a stronger statement that seems to be of independent interest (see Proposition 5.2 below):

Theorem 1.3. Let $G$ be a finitely generated elementary amenable group, let $\phi$ : $G \rightarrow G$ be an automorphism, and let $\langle G, \phi\rangle$ the subgroup of the holomorph $G \rtimes$ $\operatorname{Aut}(G)$ of $G$ generated by $G$ and $\phi$. Then either $\phi$ has exponential growth or $\langle G, \phi\rangle$ is virtually nilpotent. In the latter case, $\phi$ is polynomial.
(For more details on the definition of $\langle G, \phi\rangle$ we refer to the first paragraph of Section 5.)

Both of these theorems are inspired by our preliminary investigation in [8] where we extended Gromov Theorem and Milnor-Wolf Theorem to arbitrary groups $G$, by showing that the identity automorphism $i d_{G}$ has polynomial growth precisely when $G$ is locally virtually nilpotent and that if $G$ is locally virtually soluble then $i d_{G}$ has either exponential or polynomial growth.

In the light of Theorem 1.2 and in the spirit of Milnor Problem, we pose the following:

Problem 1.4 (See [8]). Characterize the groups admitting no endomorphism of intermediate growth.

We conclude this introductory section by highlighting another consequence of our work.

Theorem 1.5. Let $G$ be a finitely generated elementary amenable group and let $\phi: G \rightarrow G$ be an automorphism of polynomial growth. Then there exists $d \in \mathbb{N}$ (which depends on $G$ and $\phi$ only) such that $\gamma_{\phi, F} \sim n^{d}$, for every finite generating set $F$ of $G$.

The number $d$ in Theorem 1.5 can be inferred from Theorem 1.3 (see also Proposition 5.2 ) and the work of Grigorchuk on growth in cancellative semigroups (see [11, Theorem 2]). In fact, $d$ can be computed with the Bass-Guivarc'h formula [1, 13] applied to the virtually nilpotent group $\langle G, \phi\rangle$.

Theorem 1.5 implies in particular that if $G$ is a finitely generated elementary amenable group and $\phi: G \rightarrow G$ is an automorphism of polynomial growth, then $\gamma_{\phi, F} \sim \gamma_{\phi, F^{\prime}}$ for every pair of finite generating sets $F$ and $F^{\prime}$ of $G$.

So Theorem 1.5 partially answers the following open problem.
Problem 1.6. Let $G$ be a finitely generated group, let $\phi: G \rightarrow G$ be an automorphism, and let $F$ and $F^{\prime}$ be any two finite generating sets of $G$. Is it always true that $\gamma_{\phi, F} \sim \gamma_{\phi, F^{\prime}}$ ?

## 2. Background on finitely generated groups

In this section we collect useful known results on finitely generated groups, that we frequently use in the paper. We start with the following consequence of Schreier Lemma.

Lemma 2.1. If $G$ is a finitely generated group and $H$ is a subgroup of $G$ having finite index, then $H$ is finitely generated.

The lower central series of a group $G$ is defined inductively by $\gamma_{1}(G):=G$ and $\gamma_{n+1}(G):=\left[\gamma_{n}(G), G\right]$ for every $n \in \mathbb{N} \backslash\{0\}$. Each $\gamma_{n}(G)$ is a characteristic subgroup of $G$. The group $G$ is nilpotent if $\gamma_{c+1}(G)=1$ for some $c \in \mathbb{N}$. We say that $G$ has nilpotency class $c$ if $c \in \mathbb{N}$ is the minimum such that $\gamma_{c+1}(G)=1$.

It is easy to verify that subgroups and quotients of nilpotent groups are nilpotent. Moreover, we use the following basic property of nilpotent groups.
Lemma 2.2. Let $G$ be a group and let $N$ be a normal subgroup of $G$. If $G / N$ is nilpotent of nilpotency class $c \in \mathbb{N}$, then $\gamma_{c+1}(G) \leq N$.

Given a group $G$, the torsion $t(G)$ of $G$ is the set $\{g \in G: g$ has finite order $\}$. When $G$ is nilpotent, $t(G)$ is a subgroup of $G$ (see [17, Page 31]). Moreover, a torsion finitely generated nilpotent group is finite (see [17, Proposition 2.19]).

Given a property $\mathcal{P}$, the group $G$ is said to be virtually $\mathcal{P}$ if there is a finite index subgroup $H \leq G$ such that $H$ has property $\mathcal{P}$.

In particular, $G$ is virtually nilpotent if it admits a nilpotent subgroup $H$ of finite index; equivalently, $G$ admits a normal nilpotent subgroup of finite index. Routine computations show that subgroups and quotients of virtually nilpotent groups are virtually nilpotent.

We recall that a group $G$ is Noetherian if each subgroup of $G$ is finitely generated. It is known that every finitely generated nilpotent group is Noetherian (see [17, Theorem 2.18]). It is easy to extend this property to the following:
Lemma 2.3. Every subgroup $H$ of a finitely generated virtually nilpotent group $G$ is finitely generated.

For a group $G$, the derived series is defined inductively by $G^{(0)}:=G$ and $G^{(n+1)}:=\left[G^{(n)}, G^{(n)}\right]$ for every $n \in \mathbb{N}$. Each $G^{(n)}$ is a characteristic subgroup of $G$. The group $G$ is soluble if $G^{(d)}=1$ for some $d \in \mathbb{N}$. We say that $G$ has derived length $d$ if $d \in \mathbb{N}$ is the minimum such that $G^{(d)}=1$.

Subgroups and quotients of soluble groups are soluble. Moreover, we recall that a torsion finitely generated soluble group is necessarily finite (see [16, 1.3.5]).

A group $G$ is virtually soluble if it admits a soluble subgroup $H$ of finite index; equivalently, $G$ admits a soluble normal subgroup of finite index. As for virtually nilpotent groups, routine computations show that subgroups and quotients of virtually soluble groups are virtually soluble.

We recall the following basic observation (see [19, Lemma 2]).
Lemma 2.4. Let $G$ be a finitely generated soluble group and let $A$ be an abelian normal subgroup of $G$. If the quotient $G / A$ has a finite presentation, then there exist finitely many elements $\alpha_{1}, \ldots, \alpha_{\ell} \in A$ so that every element of $A$ can be expressed as a product of conjugates of the $\alpha_{j}$ in $G$.

A group $G$ is polycyclic if it has a normal series

$$
1=G_{n} \triangleleft G_{n-1} \triangleleft \cdots \triangleleft G_{1}=G
$$

with cyclic factor groups $G_{i} / G_{i+1}$, for each $i \in\{1, \ldots, n-1\}$. A soluble group is Noetherian if and only if it is polycyclic (see [17, Proposition 2.10]).

Subgroups and quotients of polycyclic groups are polycyclic. It is known that every virtually polycyclic group is finitely presented.

We recall the following useful fact (see [17, Theorem 2.12]).
Theorem 2.5. A polycyclic group $G$ contains a finite index torsion-free normal subgroup $N$.

The class EG of elementary amenable groups was introduced by Day [3] as the smallest class of groups containing the finite groups and the abelian groups which is closed under taking subgroups, quotients, group extensions and direct limits. Chou [2] showed that $E G$ can be constructed from finite groups and abelian groups by applying only group extensions and direct limits.

It is known that virtually soluble groups are elementary amenable.
Our next lemma shows that among all finite index nilpotent (respectively, soluble, polycyclic, elementary amenable) subgroups of a finitely generated virtually nilpotent (respectively, soluble, polycyclic, elementary amenable) group $G$, we may always select one that is characteristic in $G$.

Lemma 2.6. Let $\mathcal{P}$ be a property of groups that is stable under taking finite index subgroups. If $G$ is a finitely generated virtually $\mathcal{P}$ group, then there exists a finite index characteristic subgroup $H$ of $G$ with property $\mathcal{P}$.

Proof. Let $H$ be a subgroup of $G$ with property $\mathcal{P}$ and $|G: H|=k$ finite. As a finitely generated group has only finitely many subgroups of index $k$, the subgroup $N$ obtained as intersection of all subgroups of $G$ of index $k$ is a characteristic subgroup of $G$. Moreover, $N$ has finite index in $G$ and has property $\mathcal{P}$.

## 3. BACKGRound on growth and entropy

In this section we first see that the growth of $\gamma_{\phi, F}$ is either bounded above by an absolute constant or at least linear. Then we recall known results and properties about the growth of group endomorphisms and the algebraic entropy, that we use in the main part of the paper.

Proposition 3.1. Let $G$ be a group, let $\phi: G \rightarrow G$ be an endomorphism and let $F \in \mathcal{F}(G)$. Then one of the following holds:
(a) there exists a constant $C>0$ such that $\gamma_{\phi, F}(n) \leq C$ for every $n \in \mathbb{N}$,
(b) $\gamma_{\phi, F}(n) \geq n+1$ for every $n \in \mathbb{N}$.

Proof. First observe that $\gamma_{\phi, F}$ is monotone increasing. If $\gamma_{\phi, F}$ is strictly increasing, then $\gamma_{\phi, F}(n) \geq n+1$ for every $n \in \mathbb{N}$. In particular, we may assume that $\gamma_{\phi, F}$ is not strictly increasing, and hence there exists $n_{0} \in \mathbb{N}$ such that

$$
\left|T_{n_{0}}(\phi, F)\right|=\left|T_{n_{0}+1}(\phi, F)\right|
$$

Select once and for all $\bar{f} \in F$. Since $T_{n_{0}+1}(\phi, F)=T_{n_{0}}(\phi, F) \phi^{n_{0}}(F)$, we have

$$
\begin{equation*}
T_{n_{0}+1}(\phi, F)=T_{n_{0}}(\phi, F) \phi^{n_{0}}(\bar{f}) \tag{2}
\end{equation*}
$$

We prove, by induction on $m \in \mathbb{N} \backslash\{0\}$, that

$$
\begin{equation*}
T_{n_{0}+m}(\phi, F)=T_{n_{0}}(\phi, F) \phi^{n_{0}}(\bar{f}) \phi^{n_{0}+1}(\bar{f}) \cdots \phi^{n_{0}+m-1}(\bar{f}) \tag{3}
\end{equation*}
$$

The case $m=1$ is Eq. (2). Suppose that $m \geq 2$. The inductive hypothesis yields

$$
\begin{aligned}
T_{n_{0}+m}(\phi, F) & =F \phi\left(T_{n_{0}+m-1}(\phi, F)\right) \\
& =F \phi\left(T_{n_{0}}(\phi, F) \phi^{n_{0}}(\bar{f}) \phi^{n_{0}+1}(\bar{f}) \cdots \phi^{n_{0}+m-2}(\bar{f})\right) \\
& =F \phi\left(T_{n_{0}}(\phi, F)\right) \phi^{n_{0}+1}(\bar{f}) \phi^{n_{0}+2}(\bar{f}) \cdots \phi^{n_{0}+m-1}(\bar{f}) \\
& =T_{n_{0}+1}(\phi, F) \phi^{n_{0}+1}(\bar{f}) \phi^{n_{0}+2}(\bar{f}) \cdots \phi^{n_{0}+m-1}(\bar{f}) \\
& =T_{n_{0}}(\phi, F) \phi^{n_{0}}(\bar{f}) \phi^{n_{0}+1}(\bar{f}) \phi^{n_{0}+2}(\bar{f}) \cdots \phi^{n_{0}+m-1}(\bar{f}) .
\end{aligned}
$$

Eq. (3) yields

$$
\gamma_{\phi, F}(n) \leq\left|T_{n_{0}}(\phi, F)\right|=\gamma_{\phi, F}\left(n_{0}\right)
$$

for every $n \in \mathbb{N}$ and the lemma follows by taking $C:=\gamma_{\phi, F}\left(n_{0}\right)$.
It is easy to show that, for the functions $\gamma_{\phi, F}$, our definition of $\preceq$ is equivalent to other definitions that can be found in the literature (e.g., see [17, page 4]).

For a group $G$ and an endomorphism $\phi: G \rightarrow G$, we say that a subgroup $H$ of $G$ is $\phi$-invariant (respectively, $\phi$-stable) if $\phi(H) \subseteq H$ (respectively, $\phi(H)=H$ ). Clearly, when $\phi$ is an automorphism, every characteristic subgroup of $G$ is $\phi$-stable. In what follows, we denote by $\phi \upharpoonright_{H}$ the restriction of $\phi$ to the $\phi$-invariant subgroup $H$.

The next useful observation is a direct consequence of the definitions.
Lemma 3.2. Let $G$ be a group, let $\phi: G \rightarrow G$ be an endomorphism and let $H$ be a $\phi$-invariant subgroup of $G$. Then:
(a) the growth type of $\phi \upharpoonright_{H}$ is smaller than the growth type of $\phi$;
(b) if $H$ is normal in $G$ and $\bar{\phi}: G / H \rightarrow G / H$ is the endomorphism induced by $\phi$, then the growth type of $\bar{\phi}$ is smaller than the growth type of $\phi$.

The following result is fundamental for the proof of our main theorems. Indeed, when we have a group endomorphism $\phi: G \rightarrow G$ of subexponential growth and we aim to prove that $\phi$ has polynomial growth, Lemma 3.3 let us reduce to finitely generated groups.

For a group endomorphism $\phi: G \rightarrow G$ and $F \in \mathcal{F}(G)$, let

$$
V(\phi, F):=\left\langle F, \phi(F), \phi^{2}(F), \ldots, \phi^{n}(F), \ldots\right\rangle
$$

Lemma 3.3 (See [8, Corollary 4.4]). Let $G$ be a group and let $\phi: G \rightarrow G$ be an endomorphism. If $\phi$ has subexponential growth (i.e., $h(\phi)=0$ ), then $V(\phi, F)$ is finitely generated for every $F \in \mathcal{F}(G)$.

It is known (e.g., see [5, Proposition 5.1.8]) that if $\phi: G \rightarrow G$ is a group endomorphism, then $h\left(\phi^{n}\right)=n h(\phi)$ for every $n \in \mathbb{N} \backslash\{0\}$. This has the following consequence in view of Eq. (1).
Lemma 3.4. Let $G$ be a group, let $\phi: G \rightarrow G$ be an endomorphism and let $n \in \mathbb{N} \backslash\{0\}$. Then $\phi$ has subexponential growth if and only if $\phi^{n}$ has subexponential growth.

In the next sections the so-called Algebraic Yuzvinski Formula plays a crucial role. Therefore, we recall this fundamental result on algebraic entropy of abelian groups.

Let $f(X)$ be a polynomial in $\mathbb{Z}[X]$ of degree $n \geq 1$. As $\mathbb{C}$ is algebraically closed, we may write

$$
f(X)=s \prod_{i=1}^{n}\left(X-\lambda_{i}\right)
$$

with $s \in \mathbb{Z}$ and $\lambda_{1}, \ldots, \lambda_{n} \in \mathbb{C}$. The logarithmic Mahler measure of $f(X)$ is

$$
m(f(X)):=\log |s|+\sum_{\substack{i \in\{1, \ldots, n\} \\ \text { with }\left|\lambda_{i}\right|>1}} \log \left|\lambda_{i}\right|
$$

This invariant is closely related to the algebraic entropy of endomorphisms of abelian groups. Indeed, the Mahler measure of a linear transformation $\phi$ of a finite dimensional rational vector space $\mathbb{Q}^{n}, n \in \mathbb{N} \backslash\{0\}$, is defined as follows. Let $g(X) \in \mathbb{Q}[X]$ be the characteristic polynomial of $\phi$. Then there exists a smallest $s \in \mathbb{N} \backslash\{0\}$ such that $\operatorname{sg}(X) \in \mathbb{Z}[X]$ (so $s g(X)$ is primitive). The Mahler measure of $\phi$ is

$$
m(\phi):=m(s g(X))
$$

Theorem 3.5 (Algebraic Yuzvinski Formula, see $[9]$. Let $n \in \mathbb{N} \backslash\{0\}$ and let $\phi: \mathbb{Q}^{n} \rightarrow \mathbb{Q}^{n}$ be an endomorphism, then $h(\phi)=m(\phi)$.

The following lemma can be deduced from [7, Proposition 3.7]. We use it to extend an automorphism of a finitely generated free abelian group, that is, $\mathbb{Z}^{n}$ for some $n \in \mathbb{N}$, to an automorphism of $\mathbb{Q}^{n}$ in order to apply the Algebraic Yuzvinski Formula.

Lemma 3.6. Let $G$ be a torsion-free abelian group, let $\phi: G \rightarrow G$ be an endomorphism and let $\phi \otimes i d_{\mathbb{Q}}$ be the unique extension of $\phi$ to the injective hull $G \otimes_{\mathbb{Z}} \mathbb{Q}$ of $G$. Then $h(\phi)=h\left(\phi \otimes i d_{\mathbb{Q}}\right)$ and $\phi$ has the same growth type of $\phi \otimes i d_{\mathbb{Q}}$.

In what follows we need the following result due to Kronecker.

Theorem 3.7 (See [15]). Let $f(X) \in \mathbb{Z}[X]$ be a monic polynomial with roots $\alpha_{1}, \ldots, \alpha_{k} \in \mathbb{C}$. If $\left|\alpha_{i}\right|=1$ for every $i \in\{1, \ldots, k\}$, then $\alpha_{i}$ is a root of unity for every $i \in\{1, \ldots, k\}$.

## 4. Reduction to automorphisms

By the next proposition, an injective endomorphism of subexponential growth is necessarily an automorphism.

Proposition 4.1. Let $G$ be a group and let $\phi: G \rightarrow G$ be an injective endomorphism. If $\phi$ is not surjective, then $\phi$ has exponential growth.

Proof. Suppose that $\phi(G)<G$. Let $f \in G \backslash \phi(G)$ and set $F:=\left\{e_{G}, f\right\}$. We claim that, for $n \in \mathbb{N} \backslash\{0\}$, we have

$$
\gamma_{\phi, F}(n)=2^{n}
$$

from this it immediately follows that $\phi$ has exponential growth. We argue by induction on $n$. If $n=1$, we have $\gamma_{\phi, F}(1)=|F|=2=2^{1}$. Assume now that $\gamma_{\phi, F}(n)=2^{n}$. Observe that this implies that the $2^{n}$ many products

$$
e_{1} \phi\left(e_{2}\right) \cdots \phi^{n-1}\left(e_{n}\right) \quad\left(\text { for } e_{1}, \ldots, e_{n} \in F\right)
$$

are all distinct. Let $e_{1}, \ldots, e_{n+1}, e_{1}^{\prime}, \ldots, e_{n+1}^{\prime} \in F$ and suppose that

$$
\begin{equation*}
e_{1} \phi\left(e_{2}\right) \cdots \phi^{n-1}\left(e_{n}\right) \phi^{n}\left(e_{n+1}\right)=e_{1}^{\prime} \phi\left(e_{2}^{\prime}\right) \cdots \phi^{n-1}\left(e_{n}^{\prime}\right) \phi^{n}\left(e_{n+1}^{\prime}\right) \tag{4}
\end{equation*}
$$

Multiplying both sides of this equation by the subgroup $\phi(G)$, we get

$$
e_{1} \phi(G)=e_{1}^{\prime} \phi(G)
$$

As $e_{1}, e_{1}^{\prime} \in F=\left\{e_{G}, f\right\}$ and $f \notin \phi(G)$, we get $e_{1}=e_{1}^{\prime}$. Therefore, by simplifying $e_{1}=e_{1}^{\prime}$ on both sides of Eq. (4), we deduce

$$
\begin{aligned}
\phi\left(e_{2} \phi\left(e_{3}\right) \cdots \phi^{n-2}\left(e_{n}\right) \phi^{n-1}\left(e_{n+1}\right)\right) & =\phi\left(e_{2}\right) \cdots \phi^{n-1}\left(e_{n}\right) \phi^{n}\left(e_{n+1}\right) \\
& =\phi\left(e_{2}^{\prime}\right) \cdots \phi^{n-1}\left(e_{n}^{\prime}\right) \phi^{n}\left(e_{n+1}^{\prime}\right) \\
& =\phi\left(e_{2}^{\prime} \phi\left(e_{3}^{\prime}\right) \cdots \phi^{n-2}\left(e_{n}^{\prime}\right) \phi^{n-1}\left(e_{n+1}^{\prime}\right)\right) .
\end{aligned}
$$

Since $\phi$ is injective, we obtain

$$
e_{2} \phi\left(e_{3}\right) \cdots \phi^{n-2}\left(e_{n}\right) \phi^{n-1}\left(e_{n+1}\right)=e_{2}^{\prime} \phi\left(e_{3}^{\prime}\right) \cdots \phi^{n-2}\left(e_{n}^{\prime}\right) \phi^{n-1}\left(e_{n+1}^{\prime}\right)
$$

and the inductive hypothesis gives $e_{i}=e_{i}^{\prime}$ for every $i \in\{2, \ldots, n+1\}$. Thus $\gamma_{\phi, F}(n+1)=2^{n+1}$.

We see now that the group endomorphism $\phi: G \rightarrow G$ has the same growth type of the endomorphism $\bar{\phi}: G / \operatorname{Ker}(\phi) \rightarrow G / \operatorname{Ker}(\phi)$ induced by $\phi$.

Lemma 4.2. Let $G$ be a group, let $\phi: G \rightarrow G$ be an endomorphism and let $\bar{\phi}: G / \operatorname{Ker}(\phi) \rightarrow G / \operatorname{Ker}(\phi)$ be the endomorphism induced by $\phi$. Let $F \in \mathcal{F}(G)$ and let $\bar{F}$ be the projection of $F$ on $G / \operatorname{Ker}(\phi)$. Then

$$
\begin{equation*}
\gamma_{\phi, F}(n) \leq|F| \gamma_{\bar{\phi}, \bar{F}}(n-1) \leq|F| \gamma_{\phi, F}(n-1) \tag{5}
\end{equation*}
$$

for each $n \in \mathbb{N} \backslash\{0\}$. In particular,

$$
\gamma_{\phi, F} \sim \gamma_{\bar{\phi}, \bar{F}}, \quad H(\phi, F)=H(\bar{\phi}, \bar{F}), \quad h(\phi)=h(\bar{\phi})
$$

Proof. Set $K:=\operatorname{Ker}(\phi)$. We denote by ${ }^{-}: G \rightarrow G / K$ the natural projection of $G$ onto $G / K$, and we use the usual "bar" notation.

Let $S$ be a subset of $G$. We claim that

$$
\begin{equation*}
|\phi(S)|=|\bar{S}| \tag{6}
\end{equation*}
$$

Indeed, for $x, y \in S$, we have $\phi(x)=\phi(y)$ if and only if $x y^{-1} \in K$; this in turn happens if and only if $\overline{x y^{-1}}=1$, that is, $\bar{x}=\bar{y}$.

Now, let $F \in \mathcal{F}(G)$ and $n \in \mathbb{N}$. From Eq. (6) applied with $S$ replaced by $T_{n}(\phi, F)$, we get

$$
\begin{equation*}
\left|\phi\left(T_{n}(\phi, F)\right)\right|=\left|\overline{T_{n}(\phi, F)}\right|=\left|T_{n}(\bar{\phi}, \bar{F})\right| \tag{7}
\end{equation*}
$$

From Eq. (7) the first part of the lemma immediately follows. In fact, given $n \in$ $\mathbb{N} \backslash\{0\}$, we have

$$
\begin{aligned}
\gamma_{\phi, F}(n) & =\left|T_{n}(\phi, F)\right|=\left|F \phi\left(T_{n-1}(\phi, F)\right)\right| \leq|F|\left|\phi\left(T_{n-1}(\phi, F)\right)\right| \\
& =|F|\left|T_{n-1}(\bar{\phi}, \bar{F})\right|=|F| \gamma_{\bar{\phi}, \bar{F}}(n-1) \leq|F| \gamma_{\phi, F}(n-1)
\end{aligned}
$$

From these inequalities, we see that if $\gamma_{\bar{\phi}, \bar{F}}$ (respectively, $\gamma_{\phi, F}$ ) is bounded above by an absolute constant, then so is $\gamma_{\phi, F}$ (respectively, $\gamma_{\bar{\phi}, \bar{F}}$ ). In particular, $\gamma_{\phi, F} \sim \gamma_{\bar{\phi}, \bar{F}}$. Suppose that $\gamma_{\phi, F}$ and $\gamma_{\bar{\phi}, \bar{F}}$ are not bounded above by an absolute constant. Then Proposition 3.1 yields $\gamma_{\bar{\phi}, \bar{F}}(n) \geq n+1$, for every $n \in \mathbb{N}$. Now, a moment's thought yields

$$
|F| \gamma_{\bar{\phi}, \bar{F}}(n-1) \leq \gamma_{\bar{\phi}, \bar{F}}(C n)
$$

for every $n \in \mathbb{N} \backslash\{0\}$, for some absolute constant $C>0$. Thus

$$
\gamma_{\phi, F}(n) \leq|F| \gamma_{\bar{\phi}, \bar{F}}(n-1) \leq \gamma_{\bar{\phi}, \bar{F}}(C n)
$$

for every $n \in \mathbb{N} \backslash\{0\}$, and hence $\gamma_{\phi, F} \preceq \gamma_{\bar{\phi}, \bar{F}}$. As it is clear that $\gamma_{\bar{\phi}, \bar{F}} \preceq \gamma_{\phi, F}$, we get $\gamma_{\phi, F} \sim \gamma_{\bar{\phi}, \bar{F}}$.

From Eq. (5), we obtain

$$
H(\phi, F)=\lim _{n \rightarrow \infty} \frac{\log \gamma_{\phi, F}(n)}{n}=\lim _{n \rightarrow \infty} \frac{\log \gamma_{\bar{\phi}, \bar{F}}(n)}{n}=H(\bar{\phi}, \bar{F})
$$

and hence $h(\phi)=h(\bar{\phi})$.
For a group $G$ and an endomorphism $\phi: G \rightarrow G$, let

$$
\begin{equation*}
\operatorname{Ker}_{\infty}(\phi):=\bigcup_{n \in \mathbb{N} \backslash\{0\}} \operatorname{Ker}\left(\phi^{n}\right) \tag{8}
\end{equation*}
$$

It is straightforward to verify that

$$
\phi\left(\operatorname{Ker}_{\infty}(\phi)\right) \subseteq \operatorname{Ker}_{\infty}(\phi) \quad \text { and } \quad \phi^{-1}\left(\operatorname{Ker}_{\infty}(\phi)\right)=\operatorname{Ker}_{\infty}(\phi)
$$

Moreover, the induced endomorphism $\bar{\phi}: G / \operatorname{Ker}_{\infty}(\phi) \rightarrow G / \operatorname{Ker}_{\infty}(\phi)$ is injective.
Lemma 4.3. Let $G$ be a group, let $\phi: G \rightarrow G$ be an endomorphism and let $\bar{\phi}: G / \operatorname{Ker}_{\infty}(\phi) \rightarrow G / \operatorname{Ker}_{\infty}(\phi)$ be the endomorphism induced by $\phi$. Assume there exists $n_{0} \in \mathbb{N} \backslash\{0\}$ with $\operatorname{Ker}_{\infty}(\phi)=\operatorname{Ker}\left(\phi^{n_{0}}\right)$. Let $F \in \mathcal{F}(G)$ and let $\bar{F}$ be the projection of $F$ on $G / \operatorname{Ker}_{\infty}(\phi)$. Then

$$
\gamma_{\phi, F}(n) \leq|F|^{n_{0}} \gamma_{\bar{\phi}, \bar{F}}\left(n-n_{0}\right) \leq|F|^{n_{0}} \gamma_{\phi, F}\left(n-n_{0}\right)
$$

for every $n \in \mathbb{N}$ with $n \geq n_{0}$. In particular,

$$
\gamma_{\phi, F} \sim \gamma_{\bar{\phi}, \bar{F}}, \quad H(\phi, F)=H(\bar{\phi}, \bar{F}), \quad h(\phi)=h(\bar{\phi})
$$

Proof. Set $K:=\operatorname{Ker}_{\infty}(\phi)$. For $n \in \mathbb{N} \backslash\{0\}$, let $K_{n}:=\operatorname{Ker}\left(\phi^{n}\right)$ and denote by $\bar{\phi}_{n}: G / K_{n} \rightarrow G / K_{n}$ the endomorphism induced by $\phi$ on $G / K_{n}$ and by $\pi_{n}: G \rightarrow$ $G / K_{n}$ the natural projection. Applying Lemma 4.2 inductively, for every $n \in \mathbb{N}$ with $n \geq n_{0}$, we get

$$
\begin{aligned}
\gamma_{\phi, F}(n) & \leq|F| \gamma_{\bar{\phi}_{1}, \pi_{1}(F)}(n-1) \\
& \leq|F|\left(|F| \gamma_{\bar{\phi}_{2}, \pi_{2}(F)}(n-2)\right) \leq \cdots \leq|F|^{n_{0}} \gamma_{\bar{\phi}_{n_{0}}, \pi_{n_{0}}(F)}\left(n-n_{0}\right)
\end{aligned}
$$

As $K=\operatorname{Ker}\left(\phi^{n_{0}}\right)$, we have $\pi_{n_{0}}(F)=\bar{F}$ and $\bar{\phi}_{n_{0}}=\bar{\phi}$ and hence

$$
\gamma_{\phi, F}(n) \leq|F|^{n_{0}} \gamma_{\bar{\phi}, \bar{F}}\left(n-n_{0}\right)
$$

The inequality $\gamma_{\bar{\phi}, \bar{F}}\left(n-n_{0}\right) \leq \gamma_{\phi, F}\left(n-n_{0}\right)$ is clear.
The rest of the proof follows verbatim the proof of Lemma 4.2 ,
Lemma 4.4. Let $G$ be a group and let $\phi: G \rightarrow G$ be an endomorphism. If $\operatorname{Ker}_{\infty}(\phi)$ is finitely generated, then $\operatorname{Ker}_{\infty}(\phi)=\operatorname{Ker}\left(\phi^{n_{0}}\right)$ for some $n_{0} \in \mathbb{N} \backslash\{0\}$.

Proof. Let $k_{1}, \ldots, k_{\ell}$ be a family of generators for $\operatorname{Ker}_{\infty}(\phi)$. From the definition of $\operatorname{Ker}_{\infty}(\phi)$ in Eq. (8), for every $i \in\{1, \ldots, \ell\}$, there exists $t_{i} \in \mathbb{N} \backslash\{0\}$ with $k_{i} \in \operatorname{Ker}\left(\phi^{t_{i}}\right)$. Now, consider

$$
n_{0}:=\max \left\{t_{i}: i \in\{1, \ldots, \ell\}\right\}
$$

and observe that $k_{1}, \ldots, k_{\ell} \in \operatorname{Ker}\left(\phi^{n_{0}}\right)$. Therefore

$$
\operatorname{Ker}\left(\phi^{n_{0}}\right) \leq \operatorname{Ker}_{\infty}(\phi)=\left\langle k_{1}, \ldots, k_{\ell}\right\rangle \leq \operatorname{Ker}\left(\phi^{n_{0}}\right)
$$

and hence $\operatorname{Ker}_{\infty}(\phi)=\operatorname{Ker}\left(\phi^{n_{0}}\right)$.
Lemma 4.5. Let $G$ be a Noetherian group and let $\phi: G \rightarrow G$ be an endomorphism. Then $\operatorname{Ker}_{\infty}(\phi)=\operatorname{Ker}\left(\phi^{n_{0}}\right)$ for some $n_{0} \in \mathbb{N} \backslash\{0\}$.

Proof. Since $G$ is Noetherian, $\operatorname{Ker}_{\infty}(\phi)$ is finitely generated and hence $\operatorname{Ker}_{\infty}(\phi)=$ $\operatorname{Ker}\left(\phi^{n_{0}}\right)$ for some $n_{0} \in \mathbb{N} \backslash\{0\}$ by Lemma 4.4.

Corollary 4.6. Let $G$ be a finitely generated virtually nilpotent group and let $\phi$ : $G \rightarrow G$ be an endomorphism. Then $\operatorname{Ker}_{\infty}(\phi)=\operatorname{Ker}\left(\phi^{n_{0}}\right)$ for some $n_{0} \in \mathbb{N} \backslash\{0\}$.
Proof. By Lemma 2.3, $G$ is Noetherian, so Lemma 4.5 applies.
The following lemma is more general than Corollary 4.6. On the other hand, it does not cover Lemma 4.5 because there exist Noetherian groups that are not finitely presented. (For instance, a Tarski monster is not finitely presented and is clearly Noetherian because the only proper non-identity subgroups are cyclic of prime order.)

Lemma 4.7. Let $G$ be a finitely generated group, let $\phi: G \rightarrow G$ be an endomorphism, and assume that $G / \operatorname{Ker}_{\infty}(\phi)$ is finitely presented. Then $\operatorname{Ker}_{\infty}(\phi)=$ $\operatorname{Ker}\left(\phi^{n_{0}}\right)$ for some $n_{0} \in \mathbb{N} \backslash\{0\}$.

Proof. Let $K:=\operatorname{Ker}_{\infty}(\phi)$ and $K_{n}:=\operatorname{Ker}\left(\phi^{n}\right)$ for every $n \in \mathbb{N} \backslash\{0\}$. We denote by ${ }^{-}: G \rightarrow G / K$ the natural projection of $G$ onto $G / K=\bar{G}$. Let $g_{1}, \ldots, g_{\kappa}$ be a finite set of generators for $G$. Observe that $\bar{g}_{1}, \ldots, \bar{g}_{\kappa}$ is a finite set of generators for $\bar{G}$. As $\bar{G}$ is finitely presented, $\bar{G}$ has a finite presentation (in the generators $\bar{g}_{1}, \ldots, \bar{g}_{\kappa}$ ):

$$
\bar{G}=\left\langle x_{1}, \ldots, x_{\kappa}: r_{1}\left(x_{1}, \ldots, x_{\kappa}\right), \ldots, r_{\ell}\left(x_{1}, \ldots, x_{\kappa}\right)\right\rangle .
$$

For $i \in\{1, \ldots, \ell\}$, let $k_{i}:=r_{i}\left(g_{1}, \ldots, g_{\kappa}\right)$ and observe that $k_{i} \in K$ because

$$
\bar{k}_{i}=r_{i}\left(\bar{g}_{1}, \ldots, \bar{g}_{\kappa}\right)=1
$$

We claim that

$$
K=\left\langle k_{i}^{g}: i \in\{1, \ldots, \ell\}, g \in G\right\rangle .
$$

Let us denote

$$
H:=\left\langle k_{i}^{g}: i \in\{1, \ldots, \ell\}, g \in G\right\rangle .
$$

As $k_{i} \in K$ and $K \unlhd G$, we have that $H \leq K$. We prove the reverse inclusion. Let $k \in K$. Since $G$ is generated by $g_{1}, \ldots, g_{\kappa}$, the element $k$ must be written as a word in $g_{1}, \ldots, g_{\kappa}$, that is, $k=w\left(g_{1}, \ldots, g_{\kappa}\right)$ for some word $w\left(x_{1}, \ldots, x_{\kappa}\right)$. Now,

$$
e_{\bar{G}}=\bar{k}=\overline{w\left(g_{1}, \ldots, g_{\kappa}\right)}=w\left(\bar{g}_{1}, \ldots, \bar{g}_{\kappa}\right)
$$

and hence, directly from the definition of group-presentation, the word $w\left(x_{1}, \ldots, x_{\kappa}\right)$ lies in the normal closure

$$
\left\langle r_{i}\left(x_{1}, \ldots, x_{\kappa}\right)^{x}: i \in\{1, \ldots, \ell\}, x \in\left\langle x_{1}, \ldots, x_{\kappa}\right\rangle\right\rangle .
$$

Therefore

$$
\begin{aligned}
k=w\left(g_{1}, \ldots, g_{\kappa}\right) & \in\left\langle r_{i}\left(g_{1}, \ldots, g_{\kappa}\right)^{g}: i \in\{1, \ldots, \ell\}, g \in G\right\rangle \\
& =\left\langle k_{i}^{g}: i \in\{1, \ldots, \ell\}, g \in G\right\rangle=H .
\end{aligned}
$$

Observe now that $K$ is the union of the infinite chain $K_{1} \leq K_{2} \leq K_{3} \leq \cdots$. Let $n_{0} \in \mathbb{N} \backslash\{0\}$ with $k_{1}, \ldots, k_{\ell} \in K_{n_{0}}$. Observe that $n_{0}$ exists because $k_{1}, \ldots, k_{\ell}$ is a finite set in $K$. Since $K_{n_{0}} \unlhd G$, we now get

$$
K_{n_{0}} \leq K=\left\langle k_{i}^{g}: i \in\{1, \ldots, \ell\}, g \in G\right\rangle \leq K_{n_{0}}
$$

that is, $K=K_{n_{0}}$.

## 5. Classic growth versus endomorphism growth

Let $G$ be a finitely generated group and let $\phi: G \rightarrow G$ be an automorphism. We consider the semidirect product $G \rtimes\langle\phi\rangle$ given by the action of $\phi$ on $G$, and we identify $G$ with the subgroup $G \times\left\{i d_{G}\right\}$ of $G \rtimes\langle\phi\rangle$. Using this identification, we write $\langle G, \phi\rangle$ in place of $G \rtimes\langle\phi\rangle$. Clearly, $\langle G, \phi\rangle$ is a finitely generated group.

If $N$ is a normal $\phi$-stable subgroup of $G$, we write simply $\langle N, \phi\rangle$ and $\langle G / N, \phi\rangle$ in place of $\left\langle N, \phi \upharpoonright_{N}\right\rangle$ and $\langle G / N, \bar{\phi}\rangle$ respectively, where $\bar{\phi}: G / N \rightarrow G / N$ is the automorphism induced by $\phi$.

In this section we give relations between the growth of the group automorphism $\phi: G \rightarrow G$ and the classic growth of the finitely generated group $\langle G, \phi\rangle$.

Lemma 5.1. Let $G$ be a finitely generated group, let $\phi: G \rightarrow G$ be an automorphism, let $F$ be in $\mathcal{F}(G)$ and let $n \in \mathbb{N} \backslash\{0\}$. Then $\gamma_{\phi, F}(n)=\left|\left(F \phi^{-1}\right)^{n}\right|$.

Proof. Computing in $\langle G, \phi\rangle$, we see that for $g \in G$, we have $\phi(g)=\phi^{-1} g \phi$. Then

$$
\begin{aligned}
T_{n}(\phi, F) & =F \phi(F) \phi^{2}(F) \cdots \phi^{n-1}(F)=F\left(\phi^{-1} F \phi\right)\left(\phi^{-2} F \phi^{2}\right) \cdots\left(\phi^{-(n-1)} F \phi^{n-1}\right) \\
& =\left(F \phi^{-1}\right)\left(F \phi^{-1}\right) \cdots\left(F \phi^{-1}\right) \phi^{n}=\left(F \phi^{-1}\right)^{n} \phi^{n} .
\end{aligned}
$$

Therefore, $\gamma_{\phi, F}(n)=\left|T_{n}(\phi, F)\right|=\left|\left(F \phi^{-1}\right)^{n}\right|$.

Using one of our favourite results of Grigorchuk [11, we now prove that $\phi$ has polynomial growth precisely when $\langle G, \phi\rangle$ has polynomial growth. By Gromov Theorem the latter condition is equivalent to require that $\langle G, \phi\rangle$ is virtually nilpotent. (We thank Grigorchuk for sharing with us the ideas in [11].)
Proposition 5.2. Let $G$ be a finitely generated group and let $\phi: G \rightarrow G$ be an automorphism. Then the following conditions are equivalent:
(a) $\phi$ has polynomial growth;
(b) $\langle G, \phi\rangle$ has polynomial growth;
(c) $\langle G, \phi\rangle$ is virtually nilpotent.

Proof. (a) $\Rightarrow$ (b) Let $F$ be a finite set of generators for $G$ with $e_{G} \in F$ and consider

$$
S:=\bigcup_{n \in \mathbb{N}}\left(F \phi^{-1}\right)^{n}
$$

where the computations are performed in $\langle G, \phi\rangle$, as usual we set $\left(F \phi^{-1}\right)^{0}=\left\{e_{G}\right\}$. By construction, $S$ contains $e_{G}$ and is closed by taking products, therefore $S$ is the subsemigroup of $G$ with identity generated by $F \phi^{-1}$. Observe that $S$ is a cancellative semigroup, because $S \subseteq G$ and $G$ is a group. By hypothesis $\gamma_{\phi, F}(n)$ is polynomial, so the function

$$
n \mapsto\left|\left(F \phi^{-1}\right)^{n}\right|
$$

is polynomial by Lemma 5.1. Since $S$ is a cancellative semigroup of polynomial growth, $S$ has the group of left quotients $S^{-1} S$ by [11, Corollary 1]. Clearly, $S^{-1} S=\langle G, \phi\rangle$, since $\langle G, \phi\rangle$ is generated by $F \phi^{-1}$ as a group, and in particular $\langle G, \phi\rangle=\langle S\rangle$. Now [11, Theorems 1 and 2] show that the polynomial growth of the semigroup $S$ forces a polynomial growth of the group $S^{-1} S=\langle G, \phi\rangle$.
(b) $\Rightarrow$ (a) By hypothesis, for each finite subset $S$ of $\langle G, \phi\rangle$, there exist two natural numbers $d_{1}(S), d_{2}(S) \in \mathbb{N}$ such that

$$
\left|S^{n}\right| \leq d_{1}(S) n^{d_{2}(S)}
$$

for every $n \in \mathbb{N}$. In particular, if $F$ is a finite subset of $G$, by Lemma 5.1 we get

$$
\begin{aligned}
\gamma_{\phi, F}(n) & =\left|\left(F \phi^{-1}\right)^{n}\right| \leq\left|\left(F \phi^{-1} \cup\left(F \phi^{-1}\right)^{-1}\right)^{n}\right| \\
& \leq d_{1}\left(F \phi^{-1} \cup\left(F \phi^{-1}\right)^{-1}\right) n^{d_{2}\left(F \phi^{-1} \cup\left(F \phi^{-1}\right)^{-1}\right)},
\end{aligned}
$$

thus $\phi$ has polynomial growth.
$(\mathrm{b}) \Leftrightarrow(\mathrm{c})$ This is Gromov Theorem.
To apply the ideas in Proposition 5.2 more directly in later arguments, we prove the following result.
Proposition 5.3. Let $G$ be a finitely generated group and let $\phi: G \rightarrow G$ be an automorphism. If $\ell \in \mathbb{N} \backslash\{0\}$ and $N$ is a finite index normal $\phi$-stable subgroup of $G$, then $\left\langle N, \phi^{\ell}\right\rangle$ has finite index in $\langle G, \phi\rangle$. Consequently:
(a) $\langle G, \phi\rangle$ is virtually nilpotent if and only if $\left\langle N, \phi^{\ell}\right\rangle$ is virtually nilpotent;
(b) $\langle G, \phi\rangle$ has polynomial growth if and only if $\left\langle N, \phi^{\ell}\right\rangle$ has polynomial growth.

Proof. Let $N$ be a finite index normal $\phi$-stable subgroup of $G$. Observe that a set of representatives for the right cosets of $N$ in $G$ is also a set of representatives for the right cosets of $\langle N, \phi\rangle$ in $\langle G, \phi\rangle$. Therefore $|\langle G, \phi\rangle:\langle N, \phi\rangle|=|G: N|$. Moreover, $\left|\langle N, \phi\rangle:\left\langle N, \phi^{\ell}\right\rangle\right|=\ell$. Hence, $\left\langle N, \phi^{\ell}\right\rangle$ is a finite index subgroup of $\langle G, \phi\rangle$.

Consequently, the statement in (a) holds true. Moreover, (b) follows from (a) and Proposition 5.2.

It is rather hard for the authors to skip to the next section without adding a remark that we believe is pivotal to have a better understanding on growth of automorphisms. In fact, we believe that Proposition5.2 is only the tip of an iceberg and dare to make the following conjecture.

Conjecture 5.4. Let $G$ be a finitely generated group and let $\phi: G \rightarrow G$ be an automorphism. Then $\phi$ has exponential growth if and only if $\langle G, \phi\rangle$ has exponential growth.

Clearly, if $\phi$ has exponential growth, so does $\langle G, \phi\rangle$.

## 6. Automorphisms acting nilpotently

Let $G$ be a group and let $\phi: G \rightarrow G$ be an automorphism. For $n \in \mathbb{N} \backslash\{0\}$, we define the symbol $[G, \underbrace{\phi, \ldots, \phi}_{n \text { times }}]$ (or, $\left[G,_{n} \phi\right]$ for short) inductively:

$$
\left[G,{ }_{1} \phi\right]:=[G, \phi]:=\left\langle g^{-1} \phi(g): g \in G\right\rangle \quad \text { and } \quad\left[G,_{n+1} \phi\right]:=\left[\left[G,_{n} \phi\right], \phi\right] \text { for } n \geq 1
$$

Note that, for $g \in G$,

$$
g^{-1} \phi(g)=g^{-1} \phi^{-1} g \phi=[g, \phi]
$$

so here we are just considering commutators in $\langle G, \phi\rangle$.
Definition 6.1. Let $G$ be a group and let $\phi: G \rightarrow G$ be an automorphism. We say that $\phi$ acts nilpotently on $G$ if there exists $n \in \mathbb{N} \backslash\{0\}$ such that $\left[G,_{n} \phi\right]=1$.

We start with basic properties, whose proofs are clear from the definition.
Lemma 6.2. Let $G$ be a group, let $\phi: G \rightarrow G$ be an automorphism and let $H$ be $a$ $\phi$-stable subgroup of $G$. If $\phi$ acts nilpotently on $G$, then $\phi$ acts nilpotently on $H$.

Proof. It follows from the fact that $\left[H,_{n} \phi\right] \subseteq\left[G,_{n}, \phi\right]$ for every $n \in \mathbb{N} \backslash\{0\}$.
Lemma 6.3. Let $G$ be a group and let $\phi: G \rightarrow G$ be an automorphism. If $\phi$ acts nilpotently on $G$, then $\phi^{\ell}$ acts nilpotently on $G$ for every $\ell \in \mathbb{N} \backslash\{0\}$.

Proof. For $\ell \in \mathbb{N} \backslash\{0\}$ and $g \in G$, we have that

$$
g^{-1} \phi^{\ell}(g)=g^{-1} \phi(g) \phi(g)^{-1} \phi^{2}(g) \ldots \phi^{\ell-1}(g)^{-1} \phi^{\ell}(g)
$$

hence

$$
\left[G,{ }_{n} \phi^{\ell}\right] \subseteq\left[G,{ }_{n} \phi\right]
$$

for every $n \in \mathbb{N} \backslash\{0\}$. Then the thesis follows.
Proposition 6.4. Let $G$ be a finitely generated group and let $\phi: G \rightarrow G$ be an automorphism. Then the following conditions are equivalent:
(a) $\langle G, \phi\rangle$ is nilpotent;
(b) $G$ is nilpotent and $\phi$ acts nilpotently on $G$.

Proof. (a) $\Rightarrow(\mathrm{b})$ Let $H:=\langle G, \phi\rangle$ and assume that $H$ is nilpotent, that is, $\gamma_{d+1}(H)=$ 1 , for some $d \in \mathbb{N} \backslash\{0\}$. Clearly, $G$ is nilpotent; moreover, $\phi$ acts nilpotently on $G$ since $\left[G,{ }_{d} \phi\right] \leq \gamma_{d+1}(H)=1$.
(b) $\Rightarrow$ (a) Let $c, m \in \mathbb{N} \backslash\{0\}$ where $c$ is the nilpotency class of $G$ and $[G, m \phi]=1$. We show, by induction on $c$, that $\gamma_{m c+1}(\langle G, \phi\rangle)=1$. Suppose that $c=1$, that is, $G$ is abelian, and so $[G, G]=1$. For each $g \in G$ and $i, j \in \mathbb{Z}$ we have that

$$
\left[g \phi^{i}, \phi^{j}\right]=\left[g, \phi^{j}\right]^{\phi^{i}}\left[\phi^{i}, \phi^{j}\right]=\left[g, \phi^{j}\right]^{\phi^{i}}=\left[\phi^{i}(g), \phi^{j}\right] \in[G, \phi] ;
$$

moreover, for every $g, g^{\prime} \in G$ and $i \in \mathbb{Z}$, we have that

$$
\left[g \phi^{i}, g^{\prime}\right]=\left[g, g^{\prime}\right]^{\phi^{i}}\left[\phi^{i}, g^{\prime}\right]=\left[\phi^{i}, g^{\prime}\right] \in[G, \phi]
$$

Since $\langle G, \phi\rangle / G$ is cyclic, we deduce that $[\langle G, \phi\rangle,\langle G, \phi\rangle] \subseteq[G, \phi]$. The converse inclusion is clear, so we get

$$
\gamma_{2}(\langle G, \phi\rangle)=[G, \phi] .
$$

Arguing inductively on $m>2$, we have also that

$$
\gamma_{m+1}(\langle G, \phi\rangle)=\left[\gamma_{m}(\langle G, \phi\rangle),\langle G, \phi\rangle\right]=\left[\left[G,_{m-1} \phi\right], \phi\right]=\left[G,_{m} \phi\right]=1
$$

Suppose now that $c>1$. Let $\bar{G}:=G / \gamma_{c}(G)$ and let $\bar{\phi}: \bar{G} \rightarrow \bar{G}$ be the automorphism induced by $\phi$ on $\bar{G}$. As $\left[\bar{G},_{m} \bar{\phi}\right]=1$, the inductive hypothesis yields $\gamma_{m(c-1)+1}(\langle\bar{G}, \bar{\phi}\rangle)=1$, that is, $\gamma_{m(c-1)+1}(\langle G, \phi\rangle) \leq \gamma_{c}(G)$ by Lemma 2.2. Therefore $\gamma_{m c+1}(\langle G, \phi\rangle)=[\gamma_{m(c-1)+1}(\langle G, \phi\rangle), \underbrace{\langle G, \phi\rangle, \ldots,\langle G, \phi\rangle}_{m \text { times }}] \leq[\gamma_{c}(G), \underbrace{\langle G, \phi\rangle, \ldots,\langle G, \phi\rangle}_{m \text { times }}]$. Since $\gamma_{c}(G)$ is a central subgroup of $G$, we get $\left[\gamma_{c}(G),\langle G, \phi\rangle\right]=\left[\gamma_{c}(G), \phi\right]$ and hence

$$
\gamma_{m c+1}(\langle G, \phi\rangle) \leq[\gamma_{c}(G), \underbrace{\phi, \ldots, \phi}_{m \text { times }}]=\left[\gamma_{c}(G),_{m} \phi\right]=1 .
$$

Thus, $\langle G, \phi\rangle$ is nilpotent.
For abelian groups we have the following clear set-theoretic description of the subgroups $\left[G,{ }_{n} \phi\right]$.
Lemma 6.5. Let $G$ be an abelian group and let $\phi: G \rightarrow G$ be an automorphism. Then, for every $n \in \mathbb{N} \backslash\{0\}$,

$$
\begin{equation*}
\left[G,_{n} \phi\right]=\left(\phi-i d_{G}\right)^{n}(G)=\left\{\left(\phi-i d_{G}\right)^{n}(g): g \in G\right\} \tag{9}
\end{equation*}
$$

Consequently, $\left[G,_{n} \phi\right]=1$ if and only if $\left(\phi-i d_{G}\right)^{n}=0$.
Proof. We proceed by induction on $n \in \mathbb{N} \backslash\{0\}$. (We use an additive notation for $G$.) When $n=1$, we have

$$
\begin{aligned}
{[G, \phi] } & =\langle[g, \phi]: g \in G\rangle=\left\langle-g+\phi^{-1} g \phi: g \in G\right\rangle \\
& =\langle-g+\phi(g): g \in G\rangle=\left\langle\left(\phi-i d_{G}\right)(g): g \in G\right\rangle=\left\{\left(\phi-i d_{G}\right)(g): g \in G\right\}
\end{aligned}
$$

Let now $n \in \mathbb{N} \backslash\{0\}$; then

$$
\begin{aligned}
{\left[G,_{n+1} \phi\right] } & =\left[\left[G,_{n} \phi\right], \phi\right]=\left[\left\{\left(\phi-i d_{G}\right)^{n}(g): g \in G\right\}, \phi\right] \\
& =\left\{\left(\phi-i d_{G}\right)\left(\phi-i d_{G}\right)^{n}(g): g \in G\right\}=\left\{\left(\phi-i d_{G}\right)^{n+1}(g): g \in G\right\}
\end{aligned}
$$

This proves Eq. (9). The second assertion is an immediate consequence.
The next result is used in Proposition 6.7.

Lemma 6.6. Let $G$ be a finitely generated abelian group and let $\phi: G \rightarrow G$ be an automorphism such that $\phi$ acts nilpotently on $G$. Then there exists a sequence

$$
G=C_{0}>C_{1}>\cdots>C_{m}=0
$$

such that, for each $i \in\{0, \ldots, m-1\}$,

$$
C_{i} / C_{i+1} \text { is cyclic and }\left[C_{i}, \phi\right] \leq C_{i+1} .
$$

Proof. From Proposition 6.4, $\langle G, \phi\rangle$ is nilpotent and hence polycyclic. Since each $\gamma_{i}(\langle G, \phi\rangle) / \gamma_{i+1}(\langle G, \phi\rangle)$ is finitely generated and $\gamma_{2}(\langle G, \phi\rangle) \leq G$, we may take $\left(C_{i}\right)_{i=0}^{m}$ to be any normal series of $\langle G, \phi\rangle$ passing through $G$, witnessing that $\langle G, \phi\rangle$ is polycyclic and refining the lower central series of $\langle G, \phi\rangle$.

The next result is applied in the proof of Theorem 8.4 .
Proposition 6.7. Let $G$ be a polycyclic group of derived length $d \in \mathbb{N} \backslash\{0\}$ and let $\phi: G \rightarrow G$ be an automorphism such that $\phi$ acts nilpotently on $G^{(i)} / G^{(i+1)}$ for every $i \in\{1, \ldots, d-1\}$. Then there exists a normal series

$$
G=G_{1}>G_{2}>\cdots>G_{\kappa-1}>G_{\kappa}=1
$$

(i) refining the derived series of $G$;
(ii) with $G_{i} / G_{i+1}$ cyclic for each $i \in\{1, \ldots, \kappa-1\}$;
(iii) with $\left[G_{i}, \phi\right] \leq G_{i+1}$ for each $i \in\{1, \ldots, \kappa-1\}$.

Proof. Let $i \in\{1, \ldots, d-1\}$. Then $G^{(i)} / G^{(i+1)}$ is abelian and finitely generated since $G$ is polycyclic. By Lemma 6.6 applied with $B:=G^{(i)} / G^{(i+1)}$, there exists a normal series

$$
G^{(i)}=C_{0}>C_{1}>\cdots>C_{m_{i}}=G^{(i+1)}
$$

such that $C_{j} / C_{j+1}$ is cyclic and $\left[C_{j}, \phi\right] \leq C_{j+1}$ for every $j \in\left\{0, \ldots, m_{i}-1\right\}$.
We give an auxiliary lemma used in the proof of Lemma 8.5.
Lemma 6.8. Let $A$ be an infinite finitely generated torsion-free abelian group and let $\phi: A \rightarrow A$ be an automorphism such that $\phi$ acts nilpotently on $A$. Then there exists a $\phi$-stable subgroup $B$ of $A$ such that $A / B$ is infinite cyclic (i.e., isomorphic to $\mathbb{Z}$ ).

Proof. Assume that $A /[A, \phi]$ is finite. Using Lemma 6.5. for $n \in \mathbb{N} \backslash\{0\}$ we have that

$$
\left|\left[A,_{n} \phi\right]:\left[A,_{n+1} \phi\right]\right|=\left|\left(\phi-i d_{A}\right)^{n}(A):\left(\phi-i d_{A}\right)^{n}([A, \phi])\right| \leq|A:[A, \phi]|
$$

where the last inequality follows because $\left(\phi-i d_{A}\right)^{n}$ is a group endomorphism. Hence, $\left[A,_{n} \phi\right] /\left[A,_{n+1} \phi\right]$ is finite for every $n \in \mathbb{N} \backslash\{0\}$. Since $\phi$ acts nilpotently on $A$, there exists $n_{0} \in \mathbb{N} \backslash\{0\}$ with $\left[A, n_{0}, \phi\right]=1$, however this would mean that $A$ is finite, contradicting the fact that $A$ is infinite by hypothesis.

Therefore $A /[A, \phi]$ is an infinite finitely generated abelian group, so there exists a subgroup $B$ of $A$ such that $[A, \phi] \leq B$ and $A / B$ is infinite cyclic. Since $B$ contains $[A, \phi], B$ is $\phi$-stable.

## 7. Growth of endomorphisms of locally virtually nilpotent groups

In this section we prove that, if $G$ is a locally virtually nilpotent group, then every endomorphism of $G$ has either polynomial or exponential growth.

We start with a technical lemma which permits (for example) to restrict to torsion-free finitely generated nilpotent (or abelian) groups.

Lemma 7.1. Let $G$ be a finitely generated nilpotent group, let $\phi: G \rightarrow G$ be an automorphism and let $T$ be a finite normal $\phi$-stable subgroup of $G$. If there exists $\ell \in \mathbb{N} \backslash\{0\}$ such that $\left\langle G / T, \phi^{\ell}\right\rangle$ is nilpotent, then there exists $\ell^{\prime} \in \mathbb{N} \backslash\{0\}$ such that $\left\langle G, \phi^{\ell^{\prime}}\right\rangle$ is nilpotent.

Proof. Assume that $G$ has nilpotency class $c$ and that $\left\langle G / T, \phi^{\ell}\right\rangle$ has nilpotency class $d$. Since $T$ is finite and $\phi^{\ell} \upharpoonright_{T}: T \rightarrow T$ is an automorphism, there exists a non-zero multiple $\ell^{\prime}$ of $\ell$ such that $\phi^{\ell^{\prime}} \upharpoonright_{T}=i d_{T}$ (for instance, we may take $\left.\ell^{\prime}:=\ell|\operatorname{Aut}(T)|\right)$. We prove that $L:=\left\langle G, \phi^{\ell^{\prime}}\right\rangle$ is nilpotent. By Lemma 2.2 applied to $\left\langle G, \phi^{\ell}\right\rangle$ and to its normal subgroup $T$, we have $\gamma_{d+1}\left(\left\langle G, \phi^{\ell}\right\rangle\right) \leq T$ and hence

$$
\gamma_{d+1}(L) \leq \gamma_{d+1}\left(\left\langle G, \phi^{\ell}\right\rangle\right) \leq T
$$

Therefore, since $\phi^{\ell^{\prime}}$ centralizes $T$,

$$
\begin{aligned}
\gamma_{d+c+1}(L) & =[\gamma_{d+1}(L), \underbrace{L, \ldots, L}_{c \text { times }}] \\
& \leq[T, \underbrace{L, \ldots, L}_{c \text { times }}] \\
& \leq[T, \underbrace{G, \ldots, G}_{c \text { times }}] \leq[\underbrace{G, \ldots, G}_{c+1 \text { times }}]=\gamma_{c+1}(G)=1
\end{aligned}
$$

Thus, $L$ is nilpotent of nilpotency class at most $c+d$.
The following lemma is fundamental for this and for the next section. It uses the Algebraic Yuzvinski Formula.

Lemma 7.2. Let $G$ be a finitely generated abelian group and let $\phi: G \rightarrow G$ be an automorphism of subexponential growth. Then there exists $\ell \in \mathbb{N} \backslash\{0\}$ such that $\phi^{\ell}$ acts nilpotently on $G$ and consequently $\left\langle G, \phi^{\ell}\right\rangle$ is nilpotent.

Proof. Since the torsion $t(G)$ is a finite $\phi$-stable subgroup of $G$, by Lemma 7.1 we can assume without loss of generality that $G$ is torsion-free, that is, $G \cong \mathbb{Z}^{m}$ for some $m \in \mathbb{N} \backslash\{0\}$.

Let $p_{\phi}(X)$ be the characteristic polynomial of $\phi \otimes \mathbb{Q}$. As $\phi$ is an automorphism of $G \cong \mathbb{Z}^{m}$, we see that $p_{\phi}(X) \in \mathbb{Z}[X]$ and that $p_{\phi}(X)$ is monic. As $h(\phi \otimes \mathbb{Q})=h(\phi)=$ 0 in view of Eq. (11) and Lemma 3.6 by Theorem 3.5 we get that $|\lambda| \leq 1$ for each eigenvalue $\lambda$ of $\phi \otimes \mathbb{Q}$. Recall that the coefficient of degree zero of $p_{\phi}(X) \in \mathbb{Z}[X]$ is (up to a sign change) the product of the eigenvalues of $\phi \otimes \mathbb{Q}$. Consequently, $|\lambda|=1$ for each eigenvalue $\lambda$ of $\phi \otimes \mathbb{Q}$, so Theorem 3.7 yields that each eigenvalue of $\phi \otimes \mathbb{Q}$ is a root of unity. Thus

$$
p_{\phi}(X)=\prod_{i=1}^{t}\left(X-\omega_{i}\right)^{m_{i}}
$$

where $m_{1}, \ldots, m_{t} \in \mathbb{N} \backslash\{0\}, m=m_{1}+\cdots+m_{t}$, and $\omega_{1}, \ldots, \omega_{t} \in \mathbb{C}$ are roots of unity. Let $\ell$ be the least common multiple of the order of the roots of unity $\omega_{1}, \ldots, \omega_{t}$. Now,

$$
p_{\phi^{\ell}}(X)=\prod_{i=1}^{t}\left(X-\omega_{i}^{\ell}\right)^{m_{i}}=\prod_{i=1}^{t}(X-1)^{m_{i}}=(X-1)^{\sum_{i=1}^{t} m_{i}}=(X-1)^{m}
$$

and hence $\left(\phi^{\ell}-1\right)^{m}=0$. By Lemma 6.5, this is equivalent to

$$
\begin{equation*}
[G, \underbrace{\phi^{\ell}, \ldots, \phi^{\ell}}_{m \text { times }}]=1 \tag{10}
\end{equation*}
$$

Since $G$ is abelian, we have $[G, G]=1$, hence Eq. 10) implies that $\left\langle G, \phi^{\ell}\right\rangle$ has nilpotency class at most $m$.

By applying inductively the above lemma, we can prove a similar result for finitely generated nilpotent groups.

Lemma 7.3. Let $G$ be a finitely generated nilpotent group and let $\phi: G \rightarrow G$ be an automorphism of subexponential growth. Then there exists $\ell \in \mathbb{N} \backslash\{0\}$ with $\left\langle G, \phi^{\ell}\right\rangle$ nilpotent.

Proof. We argue by induction on the nilpotency class $c$ of $G$. If $c=1$, that is $[G, G]=1$, then $G$ is abelian and Lemma 7.2 applies.

Suppose $c>1$. By Lemma 7.2 and by the inductive hypothesis there exist $\ell_{1}, \ell_{2} \in \mathbb{N} \backslash\{0\}$ such that both

$$
\left\langle\gamma_{c}(G), \phi^{\ell_{1}}\right\rangle \quad \text { and } \quad\left\langle\frac{G}{\gamma_{c}(G)}, \phi^{\ell_{2}}\right\rangle
$$

are nilpotent, say that the first has nilpotency class $c_{1}$ and the second nilpotency class $c_{2}$.

Write $\ell:=\ell_{1} \ell_{2}$. In view of Lemma 2.2 applied to $\left\langle G, \phi^{\ell}\right\rangle$ and to its normal subgroup $\gamma_{c}(G)$, we have $\gamma_{c_{2}+1}\left(\left\langle G, \phi^{\ell}\right\rangle\right) \leq \gamma_{c}(G)$. Moreover, since $\left[\gamma_{c}(G), G\right]=$ $\gamma_{c+1}(G)=1$, we get

$$
\begin{aligned}
\gamma_{c_{1}+c_{2}+1}\left(\left\langle G, \phi^{\ell}\right\rangle\right) & =[\gamma_{c_{2}+1}\left(\left\langle G, \phi^{\ell}\right\rangle\right), \underbrace{\left\langle G, \phi^{\ell}\right\rangle, \ldots,\left\langle G, \phi^{\ell}\right\rangle}_{c_{1} \text { times }}] \\
& \leq[\gamma_{c}(G), \underbrace{\left\langle G, \phi^{\ell}\right\rangle, \ldots,\left\langle G, \phi^{\ell}\right\rangle}_{c_{1} \text { times }}] \\
& \leq[\gamma_{c}(G), \underbrace{\phi^{\ell}, \ldots, \phi^{\ell}}_{c_{1} \text { times }}] \\
& \leq \gamma_{c_{1}+1}\left(\left\langle\gamma_{c}(G), \phi^{\ell}\right\rangle\right)=1
\end{aligned}
$$

Therefore $\left\langle G, \phi^{\ell}\right\rangle$ is nilpotent of nilpotency class at most $c_{1}+c_{2}$.
We are now in the position to prove the result announced at the beginning of this section.

Theorem 7.4. If $G$ is a locally virtually nilpotent group and $\phi: G \rightarrow G$ is an endomorphism, then $\phi$ has either exponential or polynomial growth.

Proof. Assume that $\phi$ has subexponential growth. To conclude that $\phi$ has polynomial growth, we need to prove that, for every $F \in \mathcal{F}(G)$, the function $\gamma_{\phi, F}$ is polynomial. Fix $F \in \mathcal{F}(G)$. By Lemma 3.2(a) $\phi \upharpoonright_{V(\phi, F)}$ has subexponential growth. Clearly, $\gamma_{\phi, F}$ is polynomial if $\phi \upharpoonright_{V(\phi, F)}$ has polynomial growth. In particular, we can assume without loss of generality that $G=V(\phi, F)$. By Lemma 3.3. $G$ is finitely generated.

In view of Corollary 4.6 and Lemma 4.3, we may assume that $\phi$ is injective, hence $\phi$ is an automorphism of $G$ by Proposition 4.1.

By Lemma 2.6 there exists a finite index nilpotent normal $\phi$-stable subgroup $H$ of $G$, hence $\phi \upharpoonright_{H}: H \rightarrow H$ is an automorphism; moreover $H$ is finitely generated by Lemma 2.1. Since $\phi \upharpoonright_{H}$ has subexponential growth by Lemma 3.2(a), there exists $\ell \in \mathbb{N} \backslash\{0\}$ with $\left\langle H, \phi^{\ell}\right\rangle$ nilpotent by Lemma 7.3. Hence, $\phi$ has polynomial growth by Proposition 5.3 and Proposition 5.2 .

## 8. Growth of endomorphisms of elementary amenable groups

In this section we finally prove that, if $G$ is an elementary amenable group, then every endomorphism of $G$ has either polynomial or exponential growth.

Lemma 8.1. Let $G$ be a finitely generated group, let $\phi: G \rightarrow G$ be an automorphism of subexponential growth and let $A$ be a normal $\phi$-stable subgroup of $G$. Then, for each $\alpha \in A$ and for each $\beta \in G$, the set of conjugates

$$
\left\{\left(\beta \phi^{-1}\right)^{-k} \alpha\left(\beta \phi^{-1}\right)^{k}: k \in \mathbb{Z}\right\}
$$

spans a finitely generated subgroup of $A$. (The computations are performed in $\langle G, \phi\rangle$.)

Proof. Let $\alpha \in A$ and $\beta \in G$. For each $m \in \mathbb{N} \backslash\{0\}$ and for each sequence $i_{1}, i_{2}, \ldots, i_{m}$ with $i_{j} \in\{0,1\}$, consider the expression

$$
\begin{equation*}
\alpha^{i_{1}} \beta \phi^{-1} \alpha^{i_{2}} \beta \phi^{-1} \cdots \alpha^{i_{m}} \beta \phi^{-1} \in\langle G, \phi\rangle \tag{11}
\end{equation*}
$$

We rewrite this expression in two different ways, each giving some useful insight. First, observe that $\phi^{-1} \gamma=\phi(\gamma) \phi^{-1}$ and, more generally, $\phi^{-t} \gamma=\phi^{t}(\gamma) \phi^{-t}$ for every $t \in \mathbb{Z}$. Thus Eq. 11) can also be written as

$$
\begin{equation*}
\alpha^{i_{1}} \beta \phi\left(\alpha^{i_{2}} \beta\right) \phi^{2}\left(\alpha^{i_{3}} \beta\right) \cdots \phi^{m-1}\left(\alpha^{i_{m}} \beta\right) \phi^{-m} \tag{12}
\end{equation*}
$$

Now set $\psi:=\phi \beta^{-1}$, where we view $\psi: G \rightarrow G$ as the automorphism defined by $\psi(\gamma):=\beta \phi(\gamma) \beta^{-1}$, for every $\gamma \in G$.

Arguing as above, for each $\gamma \in G$ and $t \in \mathbb{Z}$, we have $\psi^{-t} \gamma=\psi^{t}(\gamma) \psi^{-t}$ for every $t \in \mathbb{Z}$. Thus Eq. 11) can also be written as

$$
\begin{equation*}
\alpha^{i_{1}} \psi\left(\alpha^{i_{2}}\right) \cdots \psi^{m-1}\left(\alpha^{i_{m}}\right) \psi^{-m} \tag{13}
\end{equation*}
$$

If for every $m \in \mathbb{N} \backslash\{0\}$ these $2^{m}$ expressions all represented distinct elements of $\langle G, \phi\rangle$, then Eq. 12) would give $\left|T_{m}(\phi,\{\beta, \alpha \beta\})\right| \geq 2^{m}$, contradicting the fact that $\phi$ does not have exponential growth.

Therefore there exist $m \in \mathbb{N}, i_{1}, \ldots, i_{m}, j_{1}, \ldots, j_{m} \in\{0,1\}$ with $\left(i_{1}, \ldots, i_{m}\right) \neq$ $\left(j_{1}, \ldots, j_{m}\right)$ such that the expressions in Eq. 11) corresponding to these strings give rise to the same element of $\langle G, \phi\rangle$. Observe that by choosing $m$ as small as possible, we may assume that $i_{1} \neq j_{1}$ and $i_{m} \neq j_{m}$, and that $m \geq 2$.

By using Eq. (13), we obtain the equality

$$
\alpha^{i_{1}} \psi\left(\alpha^{i_{2}}\right) \psi^{2}\left(\alpha^{i_{3}}\right) \cdots \psi^{m-1}\left(\alpha^{i_{m}}\right)=\alpha^{j_{1}} \psi\left(\alpha^{j_{2}}\right) \psi^{2}\left(\alpha^{j_{3}}\right) \cdots \psi^{m-1}\left(\alpha^{j_{m}}\right)
$$

Therefore we get
$\psi^{m-1}\left(\alpha^{i_{m}-j_{m}}\right)=\left(\alpha^{i_{1}} \psi\left(\alpha^{i_{2}}\right) \psi^{2}\left(\alpha^{i_{3}}\right) \cdots \psi^{m-2}\left(\alpha^{i_{m-1}}\right)\right)^{-1} \alpha^{j_{1}} \psi\left(\alpha^{j_{2}}\right) \psi^{2}\left(\alpha^{j_{3}}\right) \cdots \psi^{m-2}\left(\alpha^{j_{m-1}}\right)$,
and
(15)
$\psi^{-1}\left(\alpha^{i_{1}-j_{1}}\right)=\alpha^{j_{2}} \psi\left(\alpha^{j_{3}}\right) \psi^{2}\left(\alpha^{j_{4}}\right) \cdots \psi^{m-2}\left(\alpha^{j_{m}}\right)\left(\alpha^{i_{2}} \psi\left(\alpha^{i_{3}}\right) \psi^{2}\left(\alpha^{i_{4}}\right) \cdots \psi^{m-2}\left(\alpha^{i_{m}}\right)\right)^{-1}$,
where the exponents $i_{k}-j_{k}$ take the values 0 or 1 or -1 , and are not all zero. In particular, by the minimality of $m, i_{1}-j_{1} \neq 0$ and $i_{m}-j_{m} \neq 0$. From Eqs. (14) and 15 , we deduce that $\psi^{m-1}(\alpha)$ and $\psi^{-1}(\alpha)$ are words in $\alpha, \psi(\alpha), \ldots, \psi^{m-2}(\alpha)$.

From this it easily follows that $\psi^{k}(\alpha)$ is a word in $\alpha, \psi(\alpha), \ldots, \psi^{m-2}(\alpha)$ for every $k \in \mathbb{Z}$. Recalling the definition of $\psi$ we deduce that for every $k \in \mathbb{Z}$,

$$
\left(\beta \phi^{-1}\right)^{-k} \alpha\left(\beta \phi^{-1}\right)^{k} \in\left\langle\alpha,(\beta \phi)^{-1} \alpha\left(\beta \phi^{-1}\right)^{-1}, \ldots,\left(\beta \phi^{-1}\right)^{m-2} \alpha\left(\beta \phi^{-1}\right)^{-(m-2)}\right\rangle
$$

This concludes the proof.
Lemma 8.2. Let $G$ be a finitely generated group, let $A$ be a finite index normal subgroup of $G$ and let $\phi: G \rightarrow G$ be an automorphism of $G$. Then $G$ admits a finite index normal $\phi$-stable subgroup $A^{\prime}$ with $A^{\prime} \leq A$.

Proof. Let $d$ be the number of generators of $G$ and let $k:=|G: A|$. From Zelmanov's positive solution of the Restricted Burnside Problem, there exists $n_{d, k} \in \mathbb{N}$ such that every finite group with $d$ generators and of exponent dividing $k$ has order at most $n_{d, k}$.

Define $A_{0}:=A$ and, for each $i \in \mathbb{N}$,

$$
A_{i}:=A_{0} \cap \phi\left(A_{0}\right) \cap \cdots \cap \phi^{i}\left(A_{0}\right) .
$$

Moreover, define

$$
A_{\infty}:=\bigcap_{i \in \mathbb{N}} \phi^{i}(A) .
$$

Clearly, $A_{i+1} \leq A_{i}, A_{i+1} \unlhd G$ and $\left|G: A_{i}\right|$ is finite for every $i \in \mathbb{N}$.
As $G / A_{\infty}$ has a natural embedding in $\prod_{i \in \mathbb{N}} G / \phi^{i}(A)$ and since $G / \phi^{i}(A)$ has exponent dividing $k$, we deduce that $G / A_{\infty}$ has exponent dividing $k$. In particular, for every $i \in \mathbb{N}, G / A_{i}$ is a finite group with $d$ generators having exponent dividing $k$, and hence $\left|G: A_{i}\right| \leq n_{d, k}$. Since the sequence $\left\{\left|G: A_{i}\right|\right\}_{i \in \mathbb{N}}$ is bounded above by a constant, there exists $i \in \mathbb{N}$ with $A_{i+1}=A_{i}$. Then $A_{i}=A_{i+1}=\phi\left(A_{i}\right) \cap A_{i}$ and hence $A_{i} \leq \phi\left(A_{i}\right)$. Since $\left|G: A_{i}\right|=\left|G: \phi\left(A_{i}\right)\right|$, we deduce that $A_{i}=\phi\left(A_{i}\right)$ and hence $A_{i}$ is a finite index normal $\phi$-stable subgroup of $G$.

We now define formally the class of elementary amenable groups: we follow the treatment in Chou [2], see also the more recent book of Juschenko [14].

Definition 8.3. Let $E G_{0}$ be the class of all finite groups and all abelian groups. Assume that $\alpha>0$ is an ordinal and that we have defined $E G_{\alpha}$ for each ordinal $\beta<\alpha$. Then, if $\alpha$ is a limit ordinal, we let $E G_{\alpha}:=\bigcup_{\beta<\alpha} E G_{\beta}$. If $\alpha$ is not a limit ordinal, we let $E G_{\alpha}$ be the class of groups which can be obtained from groups in $E G_{\alpha-1}$ by applying either a group extension or a direct union. In other words, $G \in E G_{\alpha}$ if and only if there exists a short exact sequence $1 \rightarrow A \rightarrow G \rightarrow C$ with $A \in E G_{\alpha-1}$ and $C$ either finite or abelian, or $G$ is a direct limit $\underset{\longrightarrow}{\lim G_{i}}$ of a direct system $\left\{G_{i}\right\}_{i \in I}$ of groups in $E G_{\alpha-1}$.

Theorem 8.4. Let $G$ be a finitely generated elementary amenable group and let $\phi: G \rightarrow G$ be an automorphism of subexponential growth. Then $G$ has a finite index polycyclic normal $\phi$-stable subgroup.

Proof. Since $G$ is elementary amenable, we have that $G \in E G_{\alpha}$, for some ordinal $\alpha$.

We argue by transfinite induction on $\alpha$. If $\alpha=0$, then $G$ is either a finite group or a finitely generated abelian group, and in either case the conclusion is obvious.

Suppose now that $\alpha$ is a limit ordinal and that the conclusion holds true for every ordinal $\beta$ with $\beta<\alpha$. As $E G_{\alpha}=\bigcup_{\beta<\alpha} E G_{\beta}$, we deduce that $G \in E G_{\beta}$ for some $\beta<\alpha$ and hence, by induction, $G$ has a finite index polycyclic normal $\phi$-stable subgroup.

Suppose that $\alpha$ is not a limit ordinal, so that the ordinal $\alpha-1$ is defined. If $G$ is a direct limit $\lim G_{i}$ of a direct system $\left\{G_{i}\right\}_{i \in I}$ of groups in $E G_{\alpha-1}$, then $G \in E G_{\alpha-1}$ because $G$ is finitely generated, and we conclude by inductive hypothesis.

Therefore, assume that $G$ has a normal subgroup $A$ such that $A \in E G_{\alpha-1}$ and $G / A$ is either finite or abelian. If $|G: A|$ is finite, then by Lemma $8.2 A$ contains a finite index normal $\phi$-stable subgroup $A^{\prime}$ of $G$. The subgroup $A^{\prime}$ is finitely generated because so is $G$, by Lemma 2.1. Hence, by induction, $A^{\prime}$ has a finite index polycyclic normal $\phi$-stable subgroup, and therefore so does $G$ by Lemma 2.6 .

Assume that $G / A$ is an infinite abelian group. Our next aim is to prove that $A$ is finitely generated in Claim 2 below.

Consider

$$
A_{\infty}:=\bigcap_{i \in \mathbb{Z}} \phi^{i}(A)
$$

and observe that $A_{\infty}$ is a normal $\phi$-stable subgroup of $G$ contained in $A$. Clearly, $A_{\infty} \in E G_{\alpha-1}$ because $A_{\infty} \leq A \in E G_{\alpha-1}$. Moreover, as $G / A_{\infty}$ has a natural embedding in $\prod_{i \in \mathbb{Z}} G / \phi^{i}(A)$, we obtain that $G / A_{\infty}$ is abelian since so is $G / A$. Hence, by replacing $A$ with $A_{\infty}$, we may assume without loss of generality that $A$ is a normal $\phi$-stable subgroup of $G$ such that $G / A$ is an infinite abelian group.

Let

$$
\bar{\phi}: G / A \rightarrow G / A
$$

be the automorphism induced by $\phi$ on $G / A$. As $G / A$ is abelian and $\bar{\phi}$ has subexponential growth by Lemma $\sqrt[3.2]{ }$ (a) and (b), we deduce from Lemma 7.2 that there exists $\ell \in \mathbb{N} \backslash\{0\}$ such that $\phi^{\ell}$ acts nilpotently on $G / A$. By Lemma 3.4, $\phi^{\ell}$ has subexponential growth. Since our aim is to prove that $A$ is finitely generated in Claim 2, let $\psi:=\phi^{\ell}$.

As $G / A$ is abelian and $\psi$ acts nilpotently on $G / A$, by Proposition 6.7 there exists a normal series

$$
G=G_{1}>G_{2}>\cdots>G_{\kappa-1}>G_{\kappa}=A
$$

(i) with $G_{i} / G_{i+1}$ cyclic for each $i \in\{1, \ldots, \kappa-1\}$;
(ii) with $\left[G_{i}, \psi\right] \leq G_{i+1}$ for each $i \in\{1, \ldots, \kappa-1\}$.

For each $i \in\{1, \ldots, \kappa-1\}$, let $g_{i} \in G_{i}$ with $G_{i}=\left\langle g_{i}, G_{i+1}\right\rangle$, that is, $g_{i} G_{i+1}$ is a generator for the cyclic group $G_{i} / G_{i+1}$. Since $G / A$ is polycyclic, so is $\langle G, \psi\rangle / A$ and hence each element of $\langle G, \psi\rangle / A$ can be written as a product

$$
\begin{equation*}
g_{1}^{i_{1}} g_{2}^{i_{2}} \cdots g_{\kappa-1}^{i_{\kappa-1}} \psi^{i_{\kappa}} A \tag{16}
\end{equation*}
$$

with $i_{1}, i_{2}, \ldots, i_{\kappa-1}, i_{\kappa} \in \mathbb{Z}$. We call $g_{1}, \ldots, g_{\kappa-1}, \psi$ a polycyclic presentation of $\langle G, \psi\rangle / A$. Furthermore, as $\left[G_{i}, \psi\right] \leq G_{i+1}$, we have that

$$
\begin{equation*}
\psi\left(g_{i}\right)=g_{i} x_{i} \tag{17}
\end{equation*}
$$

for some $x_{i} \in G_{i+1}$.
Claim 1. Each element $x$ of $\langle G, \psi\rangle / A$ can be written as

$$
x=\left(g_{1} \psi^{-1}\right)^{i_{1}}\left(g_{2} \psi^{-1}\right)^{i_{2}} \cdots\left(g_{\kappa-1} \psi^{-1}\right)^{i_{\kappa-1}} \psi^{i_{\kappa}} A
$$

with $i_{1}, i_{2}, \ldots, i_{\kappa-1}, i_{\kappa} \in \mathbb{Z}$.
Proof. We prove this claim arguing by induction on $\kappa$.
Let $x \in\langle G, \psi\rangle / A$. By Eq. (16), we have $x=g_{1}^{j_{1}} g_{2}^{j_{2}} \cdots g_{\kappa-1}^{j_{\kappa-1}} \psi^{j_{\kappa}} A$, for some $j_{1}, \ldots, j_{\kappa} \in \mathbb{Z}$. With a computation, we obtain that

$$
\begin{aligned}
\left(g_{1} \psi^{-1}\right)^{j_{1}} & =\underbrace{\left(g_{1} \psi^{-1}\right)\left(g_{1} \psi^{-1}\right) \cdots\left(g_{1} \psi^{-1}\right)}_{j_{1} \text { times }}=g_{1} \psi\left(g_{1}\right) \psi^{2}\left(g_{1}\right) \cdots \psi^{j_{1}-1}\left(g_{1}\right) \psi^{-j_{1}} \\
& =g_{1}\left(g_{1} x_{1}\right)\left(g_{1} x_{1} \psi\left(x_{1}\right)\right) \cdots\left(g_{1} x_{1} \psi\left(x_{1}\right) \cdots \psi^{j_{1}-2}\left(x_{1}\right)\right) \psi^{-j_{1}}
\end{aligned}
$$

where in the second equality we use that $\psi^{-\ell} g_{1}=\psi^{\ell}\left(g_{1}\right) \psi^{-\ell}$ for each $\ell \in\left\{1, \ldots, j_{1}-\right.$ $1\}$, and in the third equality we use Eq. 17). Now, $x_{1} \in G_{2}$ and hence $\psi^{\ell}\left(x_{1}\right) \in G_{2}$ for each $\ell$. Moreover, $G_{2} \unlhd G_{1}=G$. Therefore, by collecting all the $g_{1}$ 's on the left hand side, we obtain

$$
\begin{equation*}
\left(g_{1} \psi^{-1}\right)^{j_{1}}=g_{1}^{j_{1}} y_{1} \psi^{-j_{1}} \tag{18}
\end{equation*}
$$

for some $y_{1} \in G_{2}$. Hence

$$
g_{1}^{j_{1}}=\left(g_{1} \psi^{-1}\right)^{j_{1}} \psi^{j_{1}} y_{1}^{-1}
$$

and so

$$
\begin{equation*}
x=\left(g_{1} \psi^{-1}\right)^{j_{1}} \psi^{j_{1}} y_{1}^{-1} g_{2}^{j_{2}} \cdots g_{\kappa-1}^{j_{\kappa-1}} \psi^{j_{\kappa}} A \tag{19}
\end{equation*}
$$

Observe that each element of $\left\langle G_{2}, \psi\right\rangle / A$ can be written as a product as in Eq. 16 with $i_{1}=0$. As $y_{1}^{-1} g_{2}^{j_{2}} \cdots g_{\kappa-1}^{j_{\kappa-1}} \in G_{2}$ and $\psi^{j_{1}} G_{2} \psi^{-j_{1}}=\psi^{-j_{1}}\left(G_{2}\right)=G_{2}$, we have

$$
\psi^{j_{1}}\left(y_{1}^{-1} g_{2}^{j_{2}} \cdots g_{\kappa-1}^{j_{\kappa-1}}\right) \psi^{-j_{1}} A=g_{2}^{\ell_{2}} g_{3}^{\ell_{3}} \cdots g_{\kappa-1}^{\ell_{\kappa-1}} A
$$

for some $\ell_{2}, \ldots, \ell_{\kappa-1} \in \mathbb{Z}$. Therefore,

$$
\begin{aligned}
\psi^{j_{1}} y_{1}^{-1} g_{2}^{j_{2}} \cdots g_{\kappa-1}^{j_{\kappa-1}} \psi^{j_{\kappa}} A & =\psi^{j_{1}} y_{1}^{-1} g_{2}^{j_{2}} \cdots g_{\kappa-1}^{j_{\kappa-1}} \phi^{-j_{1}} \psi^{j_{1}+j_{\kappa}} A= \\
& =g_{2}^{\ell_{2}} g_{3}^{\ell_{3}} \cdots g_{\kappa-1}^{\ell_{\kappa-1}} \psi^{j_{1}+j_{\kappa}} A \\
& =g_{2}^{\ell_{2}} g_{3}^{\ell_{3}} \cdots g_{\kappa-1}^{\ell_{\kappa-1}} \psi^{\ell_{\kappa}} A
\end{aligned}
$$

where $\ell_{\kappa}:=j_{1}+j_{\kappa}$. By the inductive hypothesis applied to the group $\left\langle G_{2}, \psi\right\rangle / A$ with polycyclic presentation given by the elements $g_{2}, \ldots, g_{\kappa-1}, \psi$, there exist $i_{2}, \ldots, i_{\kappa} \in$ $\mathbb{Z}$ with

$$
\begin{equation*}
g_{2}^{\ell_{2}} g_{3}^{\ell_{3}} \cdots g_{\kappa-1}^{\ell_{\kappa-1}} \psi^{\ell_{\kappa}} A=\left(g_{2} \psi^{-1}\right)^{i_{2}} \cdots\left(g_{\kappa-1} \psi^{-1}\right)^{i_{\kappa-1}} \psi^{i_{\kappa}} A \tag{20}
\end{equation*}
$$

Summing up, from Eqs. 19) and 20, we get

$$
\begin{aligned}
x & =g_{1}^{j_{1}} g_{2}^{j_{2}} \cdots g_{\kappa-1}^{j_{\kappa-1}} \psi^{j_{\kappa}} A=\left[\left(g_{1} \psi^{-1}\right)^{j_{1}} \psi^{j_{1}} y_{1}^{-1}\right] g_{2}^{j_{2}} \cdots g_{\kappa-1}^{j_{\kappa-1}} \psi^{j_{\kappa}} A \\
& =\left(g_{1} \psi^{-1}\right)^{j_{1}}\left(g_{2} \psi^{-1}\right)^{i_{2}} \cdots\left(g_{\kappa-1} \psi^{-1}\right)^{i_{\kappa-1}} \psi^{i_{\kappa}} A,
\end{aligned}
$$

and the claim is now proved.

In what follows we set $g_{\kappa}:=e_{G}$.
As $\langle G, \psi\rangle / A$ is polycyclic, it is finitely presented and hence, in view of Lemma 2.4 there exist $\alpha_{1}, \ldots, \alpha_{\ell} \in A$ such that every element of $A$ can be expressed as a product of conjugates of the $\alpha_{j}$ in $\langle G, \psi\rangle$, that is,

$$
\begin{equation*}
A=\left\langle x \alpha_{j} x^{-1}: x \in\langle G, \psi\rangle, j \in\{1, \ldots, \ell\}\right\rangle \tag{21}
\end{equation*}
$$

Claim 2. A is finitely generated.
Proof. Applying Lemma 8.1 with $\beta:=g_{\kappa}$ and with each $\alpha \in\left\{\alpha_{1}, \ldots, \alpha_{\ell}\right\}$, we see that the set

$$
\left\{\left(g_{\kappa} \psi^{-1}\right)^{-k} \alpha_{j}\left(g_{\kappa} \psi^{-1}\right)^{k}: k \in \mathbb{Z}, j \in\{1, \ldots, \ell\}\right\}
$$

spans a finitely generated subgroup $A_{1}$ of $A$. Let $\alpha_{1,1}, \ldots, \alpha_{1, \ell_{1}}$ be a finite set of generators for $A_{1}$.

Applying Lemma 8.1 with $g:=g_{\kappa-1}$ and with each $\alpha \in\left\{\alpha_{1,1}, \ldots, \alpha_{1, \ell_{1}}\right\}$, we see that the set

$$
\left\{\left(g_{\kappa-1} \psi^{-1}\right)^{-k} \alpha_{1, j}\left(g_{\kappa-1} \psi^{-1}\right)^{k}: k \in \mathbb{Z}, j \in\left\{1, \ldots, \ell_{1}\right\}\right\}
$$

spans a finitely generated subgroup $A_{2}$ of $A$ with $A_{1} \leq A_{2}$. Moreover, $A_{2}$ contains all the elements of the form

$$
\left(g_{\kappa-1} \psi^{-1}\right)^{-i_{\kappa-1}}\left(g_{\kappa} \psi^{-1}\right)^{-i_{\kappa}} \alpha_{j}\left(g_{\kappa} \psi^{-1}\right)^{i_{\kappa}}\left(g_{\kappa-1} \psi^{-1}\right)^{i_{\kappa-1}}
$$

with $i_{\kappa-1}, i_{\kappa} \in \mathbb{Z}$ and $j \in\{1, \ldots, \ell\}$.
Arguing inductively we may construct a chain

$$
A_{1} \leq A_{2} \leq A_{3} \leq \cdots \leq A_{\kappa-1} \leq A_{\kappa}
$$

of finitely generated subgroups of $A$.
By construction, $A_{\kappa}$ contains all elements of the form
$\left(g_{1} \psi^{-1}\right)^{-i_{1}} \cdots\left(g_{\kappa-1} \psi^{-1}\right)^{-i_{\kappa-1}}\left(g_{\kappa} \psi^{-1}\right)^{-i_{\kappa}} \alpha_{j}\left(g_{\kappa} \psi^{-1}\right)^{i_{\kappa}}\left(g_{\kappa-1} \psi^{-1}\right)^{i_{\kappa-1}} \cdots\left(g_{1} \psi^{-1}\right)^{i_{1}}$,
with $i_{1}, \ldots, i_{\kappa-1}, i_{\kappa} \in \mathbb{Z}$ and $j \in\{1, \ldots, \ell\}$. Since $i_{1}, \ldots, i_{\kappa}$ are arbitrary integers, from Claim 1, we deduce that $A_{\kappa}$ contains all elements of the form

$$
x \alpha_{j} x^{-1}
$$

with $x \in\langle G, \psi\rangle$ and $j \in\{1, \ldots, \ell\}$.
Thus Eq. (21) yields $A=A_{\kappa}$ and $A$ is finitely generated.
Since $A$ is finitely generated by Claim 2, $A \in E G_{\alpha-1}$ and $\phi \upharpoonright_{A}: A \rightarrow A$ is an automorphism of subexponential growth by Lemma 3.2 (a), by induction we have that $A$ contains a finite index polycyclic normal $\phi$-stable subgroup $B$. Since $A$ is normal in $G$ and $B$ has finite index in $A$, without loss of generality we may assume that $B$ is also normal in $G$. Let

$$
C:=C_{G}(A / B)=\{x \in G: a x B=x a B \text { for every } a \in A\}
$$

which is the kernel of the action of $G$ on $A / B$ by conjugation. Then $C$ is normal in $G$, and $|G: C|$ is finite since $G / C$ is isomorphic to a subgroup of the finite group $\operatorname{Aut}(A / B)$. Moreover, $C$ is $\phi$-stable because so are $A$ and $B$. Since $C A / A \cong C /(A \cap$ $C)$, the group $C /(A \cap C)$ is finitely generated and abelian. Also $[C, A \cap C] \subseteq B$ and so $(A \cap C) / B$ is a finite abelian group. Since $B$ is polycyclic, we deduce that $C$ is polycyclic as well.

The next lemma contains a fundamental part of the proof of Theorem 8.6

Lemma 8.5. Let $G$ be a torsion-free polycyclic group and let $\phi: G \rightarrow G$ be an automorphism of subexponential growth. Then there exist $\ell \in \mathbb{N} \backslash\{0\}$ and a finite index normal $\phi$-stable subgroup $N$ of $G$ such that $\left\langle N, \phi^{\ell}\right\rangle$ is nilpotent.

Proof. We proceed by induction on the Hirsch length of $G$. Our aim is to prove that $G$ is virtually nilpotent and then Lemma 2.6 and Lemma 7.3 give the thesis.

Consider the abelian quotient $G /[G, G]$. Then $\phi$ induces an automorphism on $G /[G, G]$ of subexponential growth by Lemma 3.2(b). By Lemma 7.2 , there exists $\ell \in \mathbb{N} \backslash\{0\}$ such that $\phi^{\ell}$ acts nilpotently on $G /[G, G]$ and $\left\langle G /[G, G], \phi^{\ell}\right\rangle$ is nilpotent.

Let $t:=|t(G /[G, G])|$ (so, $t$ is the order of the torsion subgroup of the abelianization of $G$ ) and set

$$
N:=\left\langle[G, G], x^{t}: x \in G\right\rangle
$$

Then $N$ is a normal $\phi$-stable subgroup of $G$ such that $[G, G] \leq N \leq G$ and $N /[G, G]$ is torsion-free. Since $G$ is torsion-free, we have that $N>[G, G]$ because $G /[G, G]$ cannot be a torsion group. Moreover, $\phi^{\ell}$ acts nilpotently on $N /[G, G]$; so, as $N /[G, G]$ is a torsion-free abelian group, by Lemma 6.8 there exists a $\phi^{\ell}$-stable subgroup $M$ of $G$ with $[G, G] \leq M<N$ and $N / M$ infinite cyclic. As $M$ contains $[G, G]$, we see that $M$ is a normal subgroup of $G$.

By construction, the Hirsch length of $G$ is strictly larger (by one) than the Hirsch length of $M$. Therefore, by induction, there exists a non-zero multiple $\ell^{\prime}$ of $\ell$ and there exists a finite index normal $\phi^{\ell^{\prime}}$-stable subgroup $K$ of $M$ such that $\left\langle K, \phi^{\ell^{\prime}}\right\rangle$ is nilpotent.

Take

$$
C:=\bigcap_{g \in G} K^{g} .
$$

Clearly, $C$ is a normal $\phi^{\ell^{\prime}}$-stable subgroup of $G$ and $\left\langle C, \phi^{\ell^{\prime}}\right\rangle$ is nilpotent; moreover, $C$ has finite index in $M$, since $M$ is finitely generated and so $M$ has finitely many subgroups of index $|M: K|$.

Consider the following sequence of normal $\phi^{\ell^{\prime}}$-stable subgroups of $G$

$$
C \leq M<N \leq G
$$

and observe that $G / C$ is polycyclic and it is actually an extension of the finite group $M / C$, by the infinite cyclic group $N / M$, by the finite group $G / N$. By Theorem 2.5 and Lemma 2.6 there exists a finite index normal $\phi^{\ell^{\prime}}$-stable subgroup $L$ of $G$ with $L / C$ torsion-free; in our situation this means that $L / C$ is infinite cyclic. See Figure 1 .

Since our aim is to prove that $G$ is virtually nilpotent, to simplify our notation we replace $G$ by $L, M$ by $C$ and $\phi$ by $\phi^{\ell^{\prime}}$. In particular, now
$G$ is a torsion-free polycyclic group that contains a normal $\phi$-stable subgroup $M$ with $G / M$ infinite cyclic, $\phi$ acts nilpotently on $M$ and $\langle M, \phi\rangle$ is nilpotent (hence $M$ is nilpotent).

Let $x \in G$ with $G=\langle x, M\rangle$. As $\phi$ normalizes $G / M \cong \mathbb{Z}$, we see that $\phi(x M)=$ $x^{\varepsilon} M$, where $\varepsilon \in\{-1,1\}$. In particular, replacing $\phi$ by $\phi^{2}$ we may now assume that $\varepsilon=1$. In particular, there exists $m \in M$ such that

$$
\phi(x)=x m
$$



Figure 1. Figure for the proof of Lemma 8.5
Given $k \in \mathbb{N} \backslash\{0\}$, set

$$
m_{k}:=m \phi(m) \cdots \phi^{k-1}(m) .
$$

Arguing inductively, it is easy to show that

$$
\begin{equation*}
\phi^{k}(x)=x m_{k} \quad \text { and } \quad m_{k} \in M, \tag{22}
\end{equation*}
$$

for every $k \in \mathbb{N} \backslash\{0\}$.
Let $A$ be the last term of the lower central series of $M$, thus $A$ is abelian and central in $M$. Set

$$
C:=C_{A}(\phi)=\{a \in A: \phi(a)=a\} \leq A \leq M .
$$

Claim 1. $C$ is an infinite torsion-free normal subgroup of $G$.
Proof. As $\phi$ acts nilpotently on $A$ and $A$ is torsion-free, $C$ is infinite and torsion-free. In fact, there exists a minimum $k \in \mathbb{N} \backslash\{0\}$ such that $[A, k \phi]=1$, so $[A, k-1 \phi] \neq 1$ (by Lemma 6.5 we have $\left[A,{ }_{n} \phi\right]=\left(\phi-i d_{A}\right)^{n}(A)$ for every $n \in \mathbb{N} \backslash\{0\}$, hence $C \geq[A, k-1 \phi]$.

Moreover, $C$ is a normal subgroup of $G$, since $C \unlhd M$ and

$$
\begin{aligned}
C^{x} & =\left(C_{A}(\phi)\right)^{x}=C_{A^{x}}\left(x^{-1} \phi x\right)=C_{A}\left(\phi \cdot\left(\phi^{-1} x^{-1} \phi\right) x\right) \\
& =C_{A}\left(\phi \cdot \phi\left(x^{-1}\right) x\right)=C_{A}\left(\phi \cdot(x m)^{-1} x\right)=C_{A}\left(\phi m^{-1}\right)=C_{A}(\phi)=C,
\end{aligned}
$$

where the equality $C_{A}\left(\phi m^{-1}\right)=C_{A}(\phi)$ follows because $m \in M$ and $A$ is central in M.

Since the Hirsch length of $G / C$ is strictly smaller than the Hirsch length of $G$, by the inductive hypothesis there exist $\kappa \in \mathbb{N} \backslash\{0\}$ and a finite index normal $\phi$-stable subgroup $R$ of $G$ with $C \leq R$ and $\left\langle R / C, \phi^{k}\right\rangle$ nilpotent.

Since our aim is to prove that $G$ is virtually nilpotent, to simplify our notation we replace $G$ by $R, M$ by $M \cap R$ and $\phi$ by $\phi^{\kappa}$ (and the role of $C$ stays the same). In particular,
$G$ is a torsion-free polycyclic group and $C \leq M \leq G$ with
(i) $G / M \cong \mathbb{Z}$,
(ii) $G=\langle x, M\rangle$,
(iii) $\langle G / C, \phi\rangle$ nilpotent (and hence $G / C$ nilpotent),
(iv) $C$ central in $\langle M, \phi\rangle$,
(v) $\langle M, \phi\rangle$ nilpotent (and hence $M$ nilpotent).

Claim 2. Let $\iota_{x}: C \rightarrow C$ be the automorphism induced by $x$ by conjugation on $C$ (i.e., $\iota_{x}$ is the restriction to $C$ of the inner automorphism of $G$ relative to $x$ ). Let $F \in \mathcal{F}(C)$ and let $m \in \mathbb{N} \backslash\{0\}$. Then

$$
\gamma_{\iota_{x}-1}, F(m+1)=\gamma_{\phi, F x}(m+1)
$$

Proof. Consider $\alpha_{0}, \ldots, \alpha_{m} \in F$ and

$$
y:=\alpha_{0} x \phi\left(\alpha_{1} x\right) \phi^{2}\left(\alpha_{2} x\right) \cdots \phi^{m}\left(\alpha_{m} x\right) \in T_{m+1}(\phi, F x)
$$

Since $\phi$ centralizes $C$ (i.e., $\phi(c)=c$ for every $c \in C$ ), the above product becomes

$$
y=\alpha_{0} x \alpha_{1} \phi(x) \alpha_{2} \phi\left(x^{2}\right) \cdots \alpha_{m} \phi^{m}(x)
$$

For every $k \in \mathbb{N} \backslash\{0\}$ and $\alpha \in C$, from Eq. 22\} we have

$$
\phi^{k}(x) \alpha=x m_{k} \alpha=x \alpha m_{k}=x \alpha x^{-1} \cdot x m_{k}=\iota_{x^{-1}}(\alpha) x m_{k}=\iota_{x^{-1}}(\alpha) \phi^{k}(x)
$$

and hence

$$
\phi^{k}(x) \alpha=\iota_{x^{-1}}(\alpha) \phi^{k}(x)
$$

Then we may rewrite our product $y$ by pushing all the $x$ 's on the right, obtaining

$$
\begin{aligned}
y & =\alpha_{0} \iota_{x^{-1}}\left(\alpha_{1}\right) \iota_{x^{-1}}^{2}\left(\alpha_{2}\right) \cdots \iota_{x^{-1}}^{m}\left(\alpha_{m}\right) x \phi(x) \phi^{2}(x) \cdots \phi^{m}(x) \\
& \in T_{m+1}\left(\iota_{x^{-1}}, F\right) x \phi(x) \phi^{2}(x) \cdots \phi^{m}(x)
\end{aligned}
$$

This proves that

$$
T_{m+1}(\phi, F x)=T_{m+1}\left(\iota_{x^{-1}}, F\right) x \phi(x) \phi^{2}(x) \cdots \phi^{m}(x)
$$

Now,

$$
\left|T_{m+1}(\phi, F x)\right|=\left|T_{m+1}\left(\iota_{x^{-1}}, F\right) x \phi(x) \phi^{2}(x) \cdots \phi^{m}(x)\right|=\left|T_{m+1}\left(\iota_{x^{-1}}, F\right)\right|
$$

and this proves the claim.
Since $\phi$ has subexponential growth, from Claim 2 we deduce that $\gamma_{\iota_{x-1}, F}$ is subexponential, and by the arbitrariness of $F \in \mathcal{F}(C)$ we conclude that $\iota_{x^{-1}}$ (and hence $\iota_{x}$ ) has subexponential growth.

From Lemma 7.2, applied with $G:=C$ and $\phi:=\iota_{x}$, there exists $\ell \in \mathbb{N} \backslash\{0\}$ such that $\iota_{x}^{\ell}=\iota_{x^{\ell}}$ acts nilpotently on $C$. As usual, replacing $\phi^{\ell}$ by $\phi$, we may assume that $\ell=1$. Let $c \in \mathbb{N} \backslash\{0\}$ with

$$
\left[C, \iota_{c} \iota_{x}\right]=1
$$

From (iii), $G / C$ is nilpotent and hence there exists $d \in \mathbb{N}$ with $\gamma_{d+1}(G / C)=1$. Then $\gamma_{d+1}(G) \leq C$ by Lemma 2.2. Since $G=\langle x, M\rangle$ and $C$ is central in $M$ (see (ii)
and (iv)), we obtain that

$$
\begin{aligned}
\gamma_{d+c+1}(G) & =[\gamma_{d+1}(G), \underbrace{G, \ldots, G}_{c \text { times }}] \leq[C, \underbrace{G, \ldots, G}_{c \text { times }}] \\
& =[C, \underbrace{\langle x, M\rangle, \ldots,\langle x, M\rangle}_{c \text { times }}]=\left[C,{ }_{c} \iota_{x}\right]=1 .
\end{aligned}
$$

This implies that $G$ is nilpotent.
We are now in the position to prove our main theorem.
Theorem 8.6. If $G$ is an elementary amenable group and $\phi: G \rightarrow G$ is an endomorphism, then $\phi$ has either exponential or polynomial growth.

Proof. Let $G$ be an elementary amenable group and let $\phi: G \rightarrow G$ be a group endomorphism of subexponential growth. To conclude that $\phi$ has polynomial growth, we need to prove that, for every $F \in \mathcal{F}(G)$, the function $\gamma_{\phi, F}$ is polynomial. Fix $F \in \mathcal{F}(G)$. By hypothesis, $\gamma \upharpoonright_{V(\phi, F)}$ is subexponential. Clearly, $\gamma_{\phi, F}$ is polynomial if $\phi \upharpoonright_{V(\phi, F)}$ has polynomial growth. In particular, since a subgroup of an elementary amenable group is elementary amenable, we may assume without loss of generality that $G=V(\phi, F)$. From Lemma 3.3, we have that $G$ is finitely generated.

Let $K:=\operatorname{Ker}_{\infty}(\phi)$ and let $\bar{\phi}: G / K \rightarrow G / K$ be the endomorphism induced by $\phi$. Observe that $\bar{\phi}$ is injective. By Lemma $3.2(\mathrm{~b}), \bar{\phi}$ has subexponential growth, and hence Proposition 4.1 yields that $\bar{\phi}$ is an automorphism.

Theorem 8.4 yields that $G / K$ has a finite index polycyclic normal $\bar{\phi}$-stable subgroup $H / K$. In particular $G / K$ is virtually polycyclic, hence finitely presented. By Lemma 4.7 and Lemma 4.3, we conclude that $\bar{\phi}$ and $\phi$ have the same growth type.

Replacing $G$ by $G / K$ if necessary, we may assume that $G$ is virtually polycyclic, $\phi$ is an automorphism of subexponential growth and $H$ is a finite index polycyclic normal $\phi$-stable subgroup of $G$. By Theorem 2.5, Lemma 2.6 and Lemma $8.2, H$ admits a finite index torsion-free polycyclic normal $\phi$-stable subgroup $H^{\prime}$.

By Lemma 8.5, there exist $\ell \in \mathbb{N} \backslash\{0\}$ and a finite index normal $\phi^{\ell}$-stable subgroup $N$ of $H^{\prime}$ such that $\left\langle N, \phi^{\ell}\right\rangle$ is nilpotent; we may assume without loss of generality that $N$ is normal in $G$. Since

$$
\left|\langle G, \phi\rangle:\left\langle N, \phi^{\ell}\right\rangle\right|=|G: N| \ell
$$

is finite, the group $\langle G, \phi\rangle$ is virtually nilpotent. Hence $\phi$ has polynomial growth by Proposition 5.2.

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