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## Study on high pressure homogenization and high power ultrasound effectiveness in inhibiting polyphenoloxidase activity in apple juice

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Title: Can high pressure homogenization and high power ultrasound effectively replace heating for inhibiting polyphenoloxidase activity in apple juice?

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Keywords: PPO inactivation, High pressure homogenization, Ultrasound, Heat, Energy density, Energy consumption

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Abstract: High pressure homogenization (HPH) and ultrasound with (USct) or without (US) temperature control were applied to apple juice individually or in combination for inactivating polyphenoloxidase (PPO). Ten passes HPH at 150 MPa were needed to achieve 50% PPO inactivation. USct led to 90% PPO decrease at the longest time (45 min), whereas total enzyme inactivation was achieved by subjecting samples to 6 min US. Results showed that temperature affected enzyme inactivation rather than the process applied. Moreover, the HPH-USct and HPH-US combined treatments led to enzyme residual activities similar to those caused by the application of HPH and USct, and US individual treatments, respectively. US provided to the apple juice less energy density to obtain PPO inactivation than USct and HPH, due to the contribution of the in situ generated heat. Also, US showed the lowest energy consumption, thus confirming its appropriateness. Dear Editor,

I would like to submit the manuscript entitled "Can high pressure homogenization and high power ultrasound effectively replace heating for inhibiting polyphenoloxidase activity in apple juice?" by Francesca Bot, Sonia Calligaris, Giovanni Cortella, Stella Plazzotta, Francesco Nocera, Monica Anese, for consideration for publication in Journal of Food Engineering.

Best regards Monica Anese

### Highlights

- High pressure homogenization scarcely affected polyphenoloxidase activity in apple juice.
- Ultrasound without temperature control effectively inactivated polyphenoloxidase.
- Ultrasound *in situ* generated heat mainly contributed to inactivate polyphenoloxidase.
- Ultrasound without temperature control was the least energy consuming treatment.

- 1 Can high pressure homogenization and high power ultrasound effectively replace heating for
- 2 inhibiting polyphenoloxidase activity in apple juice?
- 3
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#### 19 Abstract

20 High pressure homogenization (HPH) and ultrasound with (US<sub>ct</sub>) or without (US) temperature control were applied to apple juice individually or in combination for inactivating 21 polyphenoloxidase (PPO). Ten passes HPH at 150 MPa were needed to achieve 50% PPO 22 inactivation. USct led to 90% PPO decrease at the longest time (45 min), whereas total enzyme 23 inactivation was achieved by subjecting samples to 6 min US. Results showed that temperature 24 affected enzyme inactivation rather than the process applied. Moreover, the HPH-US<sub>ct</sub> and HPH-US 25 combined treatments led to enzyme residual activities similar to those caused by the application of 26 HPH and US<sub>ct</sub>, and US individual treatments, respectively. US provided to the apple juice less 27 28 energy density to obtain PPO inactivation than US<sub>ct</sub> and HPH, due to the contribution of the in situ generated heat. Also, US showed the lowest energy consumption, thus confirming its 29 appropriateness. 30

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*Keywords*: PPO inactivation, High pressure homogenization, Ultrasound, Heat, Energy density,
 Energy consumption

#### 37 **1. Introduction**

38 Polyphenoloxidase (PPO) is a widely distributed enzyme in nature and plays an important role in catalyzing the hydroxylation of monophenols to o-diphenols and dehydrogenation of o-diphenols to 39 o-quinones in the presence of oxygen (Espin et al., 1998). As known, the aforementioned final 40 products are responsible for the formation of browning compounds and thus cause quality loss of 41 vegetable products. Traditionally, PPO inactivation is achieved by the application of thermal 42 treatments, which, however, may cause loss of sensory and nutritional quality of vegetable 43 products. To tackle these issues, non-thermal technologies have gained significant interest over the 44 last decades for their ability of reducing enzyme activity while minimizing detrimental effects on 45 46 food quality. A number of studies has been reported on the effects of high pressure homogenization (HPH) and high power ultrasound on this food quality-related enzyme, due to their ability to change 47 the enzymatic activity by the application of mechanical stresses and cavitation phenomena to a fluid 48 49 (Liu et al., 2009a; Liu et al., 2009b; Suarez-Jacobo et al., 2012; Lacroix et al., 2005; Tribst and Cristianini, 2012; Terefe et al., 2015). Both activation and inactivation effects on PPO in fruit juices 50 and model systems subjected to HPH or ultrasound treatments are described in the literature, due to 51 differences in equipment, process conditions, enzyme source, among others (Liu et al., 2009a; Liu 52 et al., 2009b; Costa et al., 2013; Yu et al., 2013; Silva et al., 2015; Suarez-Jacobo et al., 2012). As a 53 54 rule, PPO inactivation can be obtained by applying intense HPH and ultrasound processes, that can be achieved by providing the matrix with very high pressures/number of passes and long times 55 (Suarez-Jacobo et al., 2012; Abid et al., 2014). It is noteworthy that these process conditions might 56 not fit the industrial needs as they can contribute to increase the ownership total cost. In the attempt 57 to overcome these drawbacks, combined technologies have been taken into consideration. As an 58 example, the simultaneous application of ultrasound with mild heat (thermosonication) and pressure 59 (200-500 kPa; manothermosonication) or UV light (photosonication) has been demonstrated to 60 improve ultrasound efficacy in inactivating PPO (López et al., 1994; Sulaiman et al., 2015; Başlar 61 and Ertugay, 2013; Abid et al., 2014; Terefe et al., 2015). However, from these data a clear 62

indication on the most suitable treatment for PPO inactivation can be hardly obtained in terms of 63 energy efficiency and applicability at the industrial level. Therefore, the objective of this research 64 work was to compare the effectiveness of HPH and ultrasound processes in inactivating PPO in 65 apple juice. As heat may be generated during ultrasonication, its contribution to enzyme 66 inactivation was also considered. To this purpose, apple juice was subjected to HPH or ultrasound 67 treatments with and without temperature control. Moreover, the effect of combinations of HPH and 68 ultrasound processes on the enzyme activity was studied for the first time. Processes efficiency was 69 evaluated in terms of energy density transferred to the juice during treatments and electrical energy 70 consumption of the HPH and ultrasound devices. 71

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#### 73 2. Materials and methods

#### 74 2.1. Apple juice preparation

A 20 kg batch of fresh apples (Malus domestica Borkh., cv. Golden Delicious) were purchased at 75 the local market and maintained at 7 °C until use. Apples were peeled and the juice was extracted 76 using a household table top juice extractor (Ariston Hotpoint Slow Juicer, Fabriano, Italy). The 77 extract was filtered through a filter cloth to remove impurities and coarse particles, centrifuged at 78 4000 g for 5 min at 4 °C (Beckman Avanti tm J-25, Beckman Instruments Inc., Palo Alto, CA, 79 80 USA) and filtered again by using a filter cloth. Apple juice was prepared fresh for every trial from the same batch of fruits to minimize sample variability. The resulting clear apple juice having a 81 soluble solid content of 14.5  $\pm$  0.2 °Brix and pH of 3.6  $\pm$  0.2 was immediately subjected to HPH 82 83 and/or ultrasonication with or without temperature control.

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#### 85 2.2. HPH and ultrasound treatments

The methodology of Bot et al. (2017) was followed. Briefly, HPH processing was performed by means of a continuous lab-scale high-pressure homogenizer (Panda Plus 2000, GEA Niro Soavi Spa, Parma, Italy) supplied with two Re+ type tungsten carbide homogenization valves, with a flow

rate of 2.5 cm<sup>3</sup>/s. Aliquots of 150 mL of apple juice were subjected to increasing pressures from 0 89 90 (control) to 150 MPa, or for up to 10 successive passes at 150 MPa. Ultrasound treatments were carried out with (US<sub>ct</sub>) and without (US) temperature control by using an ultrasonic processor 91 (Hieschler Ultrasonics GmbH, mod. UP400S, Teltow, Germany) operating at 24 kHz frequency and 92 100 µm amplitude, and equipped with a titanium horn tip diameter of 22 mm. During the 93 ultrasonication experiment, the temperature was either controlled using a cryostatic bath, to 94 dissipate the heat generated during treatment, or uncontrolled, leaving the temperature to rise due to 95 heat dissipation. The US<sub>ct</sub> and US treatments were performed on 150 mL apple juice for increasing 96 time periods up to 45 and 7 min, respectively. Following the treatments, the samples were cooled in 97 an ice bath. 98

Further experiments were carried out by subjecting 150 mL apple juice to HPH at 150 MPa followed by ultrasound with (HPH-US<sub>ct</sub>) and without (HPH-US) temperature control for up to 15 and 4 min, respectively. The time between the two treatments did not exceed 30 s. Samples were cooled in an ice bath at the end of the second treatment.

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#### 104 2.3. Thermal treatment

The total temperature-time combination received by the sample during ultrasonication was applied to the sample in the absence of the ultrasound treatment. To this purpose, aliquots of 150 mL of apple juice were introduced into 250 mL capacity glass vessels and heated in a thermostatic water bath (Ika Werke, MST BC, Staufen, Germany) under continuous stirring, by mimicking the same temperature profile produced during ultrasound treatment with ( $TT_{ct}$ ) and without (TT) temperature control. Following the treatments, the samples were cooled in an ice bath.

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#### 112 *2.4. Temperature measurement*

The sample temperature was measured just before and immediately after (i.e. before the cooling step) each treatment by a copper-constantan thermocouple probe (Ellab, Hillerød, Denmark) immersed in the fluid, connected to a portable data logger (mod. 502A1, Tersid, Milan, Italy). In addition, during ultrasound and thermal treatments, the temperature was recorded as a function of time, by immersing (50 mm) the thermocouple tip in the fluid, half way between the solution centre and the inside wall of the vessel.

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#### 120 2.5. Energy density computation

121 The energy density ( $E_{\nu}$ , MJ/m<sup>3</sup>) transferred from the homogenization value to the sample during 122 HPH treatment was computed as described by Stang et al. (2001), according to eq. 1:

123

$$124 \qquad E_v = \Delta P \tag{1}$$

125

126 where  $\Delta P$  is the pressure difference operating at the nozzles.

As the power density ( $P_{\nu}$ , W/m<sup>3</sup>) transferred from the probe to the sample during ultrasound treatment is markedly affected by temperature (Raso et al., 1999), this parameter was first determined calorimetrically by means of eq. 2,

130

131 
$$P_{v}(T) = \frac{mc_{p}(\partial T / \partial t)}{V}$$
(2)

132

where *m* is the sample mass (kg),  $c_p$  is the sample heat capacity (3870 J/kg K as given by Ashrae, 2002), *T* is temperature (K), *V* is the sample volume (m<sup>3</sup>), and *t* (s) is the time frame of treatment considered. Temperature values were recorded in quasi-adiabatic conditions at various temperature levels as suggested by Raso et al. (1999). The energy density was then estimated by integration according to eq. 3 on the whole treatment time:

139 
$$E_{\nu} = \int P_{\nu}(T)dt \tag{3}$$

The energy density of multiple passes HPH and combined treatments was calculated as the sum of the energy density values of the corresponding single pass HPH and HPH plus  $US_{ct}$  or US (Calligaris et al., 2016). The energy density of the thermal treatment was estimated according to eq. 4:

145

146 
$$E_v = \frac{mc_p \Delta T}{V}$$
(4)

147

#### 148 2.6. Electrical energy consumption measurement

149 The measurement of electrical energy consumption was performed as in Bot et al. (2017). The 150 energy requirement was estimated by measuring the electrical consumption at the mains supply. The high pressure homogenizer was supplied with three-phase 400 V electrical power, thus a three-151 phase energy logger was inserted (Kilo Box, Electrex, Reggio Emilia, Italy) to measure the 152 electrical consumption (MJ/m<sup>3</sup>). The ultrasonic processor was instead supplied with single-phase 153 230 V electrical power, and a power meter (PC-300, Lafayette, Taiwan) was connected to measure 154 the electrical power and thus calculate the electrical energy  $(MJ/m^3)$  for the whole treatment. The 155 same power meter was employed for measuring the electrical power and energy consumption of the 156 thermal treatment. 157

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#### 159 2.7. Apple juice soluble solids content and pH determinations

Soluble solid content (° Brix) was measured using a table refractometer (Unirefrax, Bertuzzi, Milan,
Italy) calibrated with distilled water. The pH was measured at 25 °C using a using a Basic 20 pH
meter (Crison Instruments, S.A., Barcelona, Spain) equipped with a combination of glass electrodes
and a temperature probe.

165 2.8. PPO activity assay

The PPO activity was determined spectrophotometrically immediately after each treatment 166 (Shimadzu UV-2501PC, UV-Vis recording spectrophotometer, Shimadzu Corporation, Kyoto, 167 Japan) at 25 °C (Kahn, 1985). Aliquots of 0.5 mL of apple juice were added to 2.5 mL of 1.5 10<sup>-3</sup> M 168 L-DOPA (Sigma-Aldrich, Milano, Italy). The absorbance at 420 nm was monitored each minute for 169 10 min. The changes in absorbance per min were calculated by linear regression in the linearity 170 interval by applying the pseudo zero order kinetic model. PPO activity (%) was calculated as the 171 percentage ratio between the rate constants (Abs/min) of the enzymatic activity of the treated and 172 untreated samples. 173

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#### 175 2.9. Data analysis

The results are the average of at least three measurements carried out on two replicated experiments ( $n\geq 6$ ). Data are reported as mean value  $\pm$  standard error. Statistical analysis was performed using R v.2.15.0 (The R foundation for Statistical Computing). Bartlett's test was used to check the homogeneity of variance, one-way ANOVA was carried out and Tukey test was used to determine statistically significant differences among means (p<0.05). Linear regression analysis was performed by using Microsoft Excel 2013. The goodness of fitting was evaluated based on visual inspection of residual plots and by calculation of  $R^2$  and p.

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#### 184 **3. Results and discussion**

Table 1 shows the temperature and PPO residual activity of apple juice subjected to single-pass HPH at 50 to 150 MPa and up to 10 passes HPH at 150 MPa. During HPH, temperature increased linearly with the increasing of pressure ( $R^2 > 0.99$ , p < 0.05) or number of passes ( $R^2 > 0.89$ , p < 0.05) up to 56 °C. No significant reduction (p>0.05) of PPO activity was achieved by applying a single pass treatment at pressures increasing from 50 to 150 MPa. It is likely that the fluid-mechanical stresses (i.e. elongational, shear stresses, turbulence and cavitation) generated during the homogenization

(Donsì et al., 2009; Floury et al., 2004) were not able to induce modifications of enzyme structure 191 and activity. By submitting the apple juice to multiple passes through the homogenization valve, 192 PPO activity decreased to a residual value of 50%. Either activation or inactivation effects have been 193 reported in the literature for HPH pressures ranging from 80 to 300 MPa (Liu et al., 2009a; Liu et 194 al., 2009b; Suarez-Jacobo et al., 2012). In particular, the PPO inactivation has been attributed to loss 195 of the native structure, due to temperature increase and mechanical forces generated by the passage 196 of the fluid through the homogenization valve. In our experimental conditions, the modest 197 temperature increase (up to 43 °C) together with the short residence time (approximately  $10^{-4}$  s) in 198 the homogenization valve (Jafari et al., 2007) may have been responsible for the inefficacy of single-199 200 pass HPH treatments in inactivating PPO. On the contrary, the efficacy of multiple HPH passes in reducing PPO activity by up to 50% can be attributable to increases in shear stress, cavitation and 201 turbulence, as well as to the multiplication of treatment time by the number of passes and to the 202 203 higher temperature reached (up to 56 °C after 10 passes at 150 MPa). Results are in agreement with literature data showing that mushroom PPO remained fully active up to 40 °C, whereas inactivation 204 occurred at temperatures between 50 °C and 70 °C (Baltacioğlu et al., 2015). 205

With regard to ultrasound treatments, upon 45 min US<sub>ct</sub>, the temperature never exceeded 42 °C. 206 When performed without temperature control, US treatment was responsible for a linear 207  $(R^2 > 0.93, p < 0.05)$  temperature increase up to 78 °C (data not shown). Fig. 1 shows the changes in 208 PPO activity in apple juice subjected to US<sub>ct</sub> or US as a function of time. The effects of heat alone, 209 i.e. simulating the temperature increase obtained during US<sub>ct</sub> (TT<sub>ct</sub>) and US (TT) without sonication, 210 211 are also shown. In all cases, a decrease in enzyme activity with increasing process time was observed. As expected, US was more effective in reducing PPO activity than US<sub>ct</sub>. These results are 212 213 in agreement with those reported in the literature for PPO inactivation by ultrasonication in apple and pineapple juices (Costa et al., 2013; Abid et al., 2014; Silva et al., 2015). Enzyme inactivation caused 214 by ultrasound processing has been attributed to different mechanisms, including acoustic cavitation, 215 which is responsible for localized increase of pressure and temperature, and strong shear stress, 216

leading to modification of secondary and tertiary changes of protein (Feng et al., 2008; Mawson et 217 218 al., 2011). Enhanced enzyme inactivation by heat provided during sonication has also been reported by several authors (Abid et al., 2014; Sulaiman et al., 2015). From Fig. 1, it can be also noted that to 219 obtain a same inactivation level, US<sub>ct</sub> and US required less time than the corresponding heat 220 treatments. In order to investigate whether an acoustic effect can be distinguishable from a thermal 221 one, PPO activity was reported as a function of the temperature reached by the apple juice during the 222 different processes (Fig. 2). It can be observed that the curves describing the changes in PPO activity 223 as a function of temperature reached by the apple juice during US<sub>ct</sub> and US were almost overlapping 224 with those of the corresponding heat treatments (TT<sub>ct</sub> and TT, respectively). These results clearly 225 226 indicate that temperature affected enzyme inactivation rather than the process applied, in agreement with previous findings (Başlar and Ertugay, 2013). Moreover, these data show that as long as the 227 treatments did not allow the enzyme denaturation temperature to be overcome (40-50 °C), no 228 significant activity reduction was detected. It is worthy to note that when US<sub>ct</sub> and TT<sub>ct</sub> treatments 229 were applied, PPO inactivation was achieved at 40 °C, provided the time was sufficiently long. In the 230 light of these findings, it is likely that an acoustic effect during ultrasound treatment was negligible 231 and heat directly contributed to enzyme inactivation. 232

To compare the results among the different technologies, the energy density was taken a reference 233 234 indicator of the treatment intensity because it incorporates the transferred power, the duration of the treatment and the treated sample volume (Stang et al., 2001; Hulsmans et al., 2010). Fig. 3 shows 235 the effects of HPH, US<sub>ct</sub> and US, as well as those of the corresponding TT<sub>ct</sub> and TT treatments, on 236 237 PPO activity of apple juice as a function of energy density. US process provided much less energy density to the fluid to obtain PPO inactivation than US<sub>ct</sub>, the latter delivering energy density within 238 the same order of magnitude of HPH. For instance, 100% PPO inactivation was achieved by US 239 delivering an energy density of 444 MJ/m<sup>3</sup>, while 90% inactivation was obtained through US<sub>ct</sub> at 240 the highest energy density (i.e. 2102 MJ/m<sup>3</sup>). In fact, due to the contribution of the *in situ* generated 241 heat, which raised the temperature up to 70 °C, less sonication time was necessary in the US 242

process to inactivate the enzyme (Fig. 1) and lower energy density values were computed (eq. 3). 243 Moreover, as can be seen in Fig. 3, to achieve a same inactivation value, both US<sub>ct</sub> and US 244 treatments provided higher energy density than TT<sub>ct</sub> and TT treatments, respectively. This 245 discrepancy can be attributed to the different modality of delivering the energy. During heating 246 alone, the energy provided to the closed system merely contributed to temperature increase. By 247 contrast, ultrasound process was likely responsible for inducing other (mechanical) changes besides 248 temperature rise. Some of these changes could positively contribute to apple juice stabilization. In 249 fact, ultrasonication would favour the enzyme release from the cell walls making it more 250 susceptible to thermal inactivation (Başlar and Ertugay, 2013). This is especially true for the US<sub>ct</sub> 251 252 treatment when compared to the TT<sub>ct</sub> one. In fact, temperature control in US<sub>ct</sub> was performed by cooling the sample during continuous ultrasound treatment, while in TT<sub>ct</sub> heating once the desired 253 temperature was achieved it was kept constant, thus leading to a notably lower energy density. 254

Overall, data confirmed that both HPH and US<sub>ct</sub> are scarcely effective in inactivating PPO, unless 255 high energy density values were provided by applying a high number of passes of sample in the 256 homogenization valve or long ultrasonication times. However, these conditions are far from to be 257 applicable at the industrial level. On the contrary, the heat generated in situ during US greatly 258 contributed to inactivate PPO at energy density and process time likely compatible with the 259 260 industrial process. In the light of these results, further experiments were carried out to investigate the effect of combinations of single-pass HPH at 150 MPa and ultrasounds with (HPH-US<sub>ct</sub>) and 261 without (HPH-US) temperature control on PPO activity (Table 2). By comparing these results with 262 those relevant to the individual treatments (Table 1 and Figs. 1 and 3), it can be noted that HPH-263 US<sub>ct</sub> led enzyme residual activities not dissimilar from those caused by the application of HPH and 264 US<sub>ct</sub> providing comparable energy density values. Similarly, for a same energy density value, only 265 slight differences in enzyme inactivation were observed between HPH-US and US. Therefore, it can 266 be concluded that combined HPH and ultrasound treatment did not allow to reduce PPO activity 267 compared to the single treatments. Finally, the effect of HPH, US<sub>ct</sub>, US and their combinations as 268

well as TT<sub>ct</sub> and TT only on PPO activity were compared in terms of electrical energy consumption 269 270 (Fig. 4). It appears that the HPH and HPH-US<sub>ct</sub> treatments were the most energy wasting due to the long application times, followed by US<sub>ct</sub> and HPH-US processes. On the contrary, the US process 271 was more advantageous and much less energy consuming than both the corresponding thermal 272 treatment (TT) and the temperature controlled thermal treatment (TT<sub>ct</sub>). Reasonably, this gap will 273 be maintained also after scaling up to an industrial continuous plant, because the US treatment 274 supplies energy directly to food very efficiently, while heating is indirectly provided in TT from 275 outside by means of another working fluid. 276

277

#### **4. Conclusions**

Acquired results confirmed the negligible HPH and US<sub>ct</sub> contribution to PPO inactivation in apple 279 juice, even when used in combination. Thus, HPH and US<sub>ct</sub> do not represent suitable technologies 280 281 for PPO inactivation in apple juice. On the contrary, US, which was provided without temperature control, allowed PPO total inactivation to be achieved at energy density (444 MJ/m<sup>3</sup>) and process 282 time (6 min) likely compatible with the industrial needs. Moreover, results clearly indicated that US 283 in situ generated heat mainly contributed for more efficient enzyme inactivation, whereas an 284 acoustic effect was negligible. Thus, US would be a feasible alternative technology for enzymatic 285 286 inactivation in fruit derivatives. Instead of increasing ultrasound power input and dissipate the heat produced during the treatment, enzymatic inactivation can be achieved by US process providing 287 low energy density to the fluid and exploiting the *in situ* generated thermal effect. The same 288 conclusion can be drawn from the point of view of energy consumption, since the US was the least 289 energy wasting treatment among all those considered. The results of this study highlighted that not 290 only the effectiveness in terms of PPO inactivation but also energy related issues and application 291 time should be considered to estimate process efficiency and thus steer the technology choice. 292

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377 Caption for figures

Fig. 1. Changes in PPO activity in apple juice subjected to ultrasound process with (a) (US<sub>ct</sub>) or (b) without (US) temperature control as a function of time.  $TT_{ct}$  and TT: heat treatments obtained by providing the sample the same time-temperature combinations received during US<sub>ct</sub> and US, respectively.

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Fig. 2. Changes in PPO activity in apple juice subjected to ultrasound process with  $(US_{ct})$  or without (US) temperature control as a function of temperature.  $TT_{ct}$  and TT: heat treatments obtained by providing the sample the same time-temperature combinations received during  $US_{ct}$  and US, respectively.

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Fig. 3. Changes in PPO activity in apple juice subjected to ultrasound process with  $(US_{ct})$  or without (US) temperature control as a function of energy density.  $TT_{ct}$  and TT: heat treatments obtained by providing the sample the same time-temperature combinations received during  $US_{ct}$  and US, respectively.

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Fig. 4. PPO residual activity *vs* electrical energy consumption of high pressure homogenization (HPH), ultrasound with (US<sub>ct</sub>) or without (US) temperature control and combinations of HPH and US<sub>ct</sub> and US. Data relevant to heat treatment (TT<sub>ct</sub> and TT) providing the sample the same timetemperature combinations received during US<sub>ct</sub> and US respectively are also shown.

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## **Table 1**

402 Temperature and PPO residual activity of apple juice subjected to HPH. Starting temperature: 8.0 ±
403 1.0.

Pressure	Number of passes	Temperature (°C)	PPO residual activity (%)
(MPa)			
50	1	27.5±2.3	76±8 <sup>a</sup>
100	1	35.6±1.7	$80{\pm}11^{ab}$
150	1	42.6±1.2	$82\pm 6^{ab}$
150	3	44.7±1.2	$75\pm5^{\mathrm{b}}$
150	5	51.6±3.0	69±5 <sup>b</sup>
150	8	52.4±0.9	61±12 <sup>b</sup>
150	10	56.4±0.6	$49\pm7^{c}$

404 Values are the mean of three repetitions on two replicates  $\pm$  standard error.

#### 409 **Table 2**

410 Temperature, PPO residual activity and energy density of apple juice subjected to combinations of 1 411 pass HPH at 150 MPa and ultrasound process under controlled (US<sub>ct</sub>) and uncontrolled (US) 412 temperature regime. Starting temperature  $8.0 \pm 1.0$ .

Treatment	Temperature	Sonication time	Temperature	PPO residua	l Energy density
	control	(min)	(°C)	activity (%)	$(MJ/m^3)$
HPH-US <sub>ct</sub>	yes	2	41.3±1.1	90±3 <sup>a</sup>	315
		3	41.3±3.3	84±10 <sup>a</sup>	397
		4	44.9±1.4	82±11 <sup>a</sup>	479
		5	46.2±1.3	80±11 <sup>ab</sup>	558
		10	47.4±1.8	72±10 <sup>b</sup>	953
		15	46.7±1.2	59±11 <sup>c</sup>	1348
HPH-US	no	2	58.4±2.3	64±1 <sup>a</sup>	304
		3	67.0±4.8	$37 \pm 7^{b}$	371
		4	73.9±5.8	$2\pm0^{c}$	430

413 Values are the mean of three repetitions on two replicates  $\pm$  standard error.

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# 2 3 4

Fig. 2.







